

# 4LIFE PRODUCT CATALOG

4LIFE EUROPE • 2019

4Life  
**ENERGY**

60g (2.1oz) with 4Life Transfer Factor™

TROPICAL

NET WT 0.16 oz (5 g)

JUNE • 2019



**4Life**

TOGETHER, BUILDING PEOPLE™

# 4Life<sup>®</sup>

TOGETHER, BUILDING PEOPLE<sup>™</sup>





## WELCOME TO 4LIFE®

More than twenty years ago, we came across the remarkable scientific finding of transfer factors. After experiencing ourselves this nutritional support, our passion grew, and we knew we would spend the rest of our lives sharing it with others. Today, with the help of our outstanding research and development team, along with input from our distinguished Health Sciences Advisory Board, our original finding has developed into one of the most revolutionary supplements available today, 4Life Transfer Factor™. Our progress has solidified 4Life worldwide and served as the springboard for Transfer Factor™ Science.

No matter what your age, or where you're from, we have a safe and effective transfer factor product that's just right for you. We invite you to try 4Life Transfer Factor for yourself and feel the difference that it can make on your personal wellness. Complemented by a wide range of additional supplements to meet your personal skin care and wellbeing, we are confident that 4Life products will make overall wellness support something you'll look forward to every day.

Sincerely,  
 Bianca P. Lisonbee

*David and Bianca Lisonbee*  
*4Life Founders*

To find out what products  
are available in your  
market, go to  
[www.4lifetools.eu](http://www.4lifetools.eu) or  
scan the QR code



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**THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

4Life Research USA, LLC., sells certain products to Distributors, Demonstrators, and Customers within the European Union that are not available for resale in some countries. These products are for personal consumption or the personal consumption of those in your household only and are “Not-For-Resale”, distribution, or any other commercial purpose. 4Life limits the number of “Not-For-Resale” products that can be ordered at one time to an amount reasonably deemed by 4Life to be that which the individuals in your household can consume within a three month period. Failure to abide by these rules may result in the termination of your privilege to purchase “Not-For-Resale” products for personal use.



## What are Transfer Factors?

Transfer factors are found in cow colostrum and chicken egg yolk which reinforce general wellness. One simple way to understand this is realizing that mother's milk, apart from nutrients, contains a large amount of transfer factors which ensure the wellness of newborn babies.

### Discovery: Dr. Lawrence and David Lisonbee

- Transfer Factors were discovered in 1949 by Dr. Sherwood Lawrence, a prominent New York University scientist, and it was him who named them transfer factors. He dedicated decades of his life to research into his great discovery.
- David Lisonbee, in his continual personal research into wellness, learned about the importance of transfer factors and the work carried out by Dr. Sherwood Lawrence.



**David Lisonbee:** 4Life Research Founder.

### Bringing Transfer Factor to the World: 4Life® is Born

What started out as a simple desire to help improve his own health and that of his family quickly became a search for a way to give people all around the world an optimal life.

In over more than twenty years of research into food supplements, David Lisonbee realized what was the key to boosting the whole body's wellness. While others searched for exotic fruits in remote corners of the world to discover the key, David looked within the human body: what he found led to a wellness revolution.

David and Bianca Lisonbee, convinced of the importance of transfer factors in people's wellness, created 4Life Research in 1998: a company dedicated to the wellness of people and which does three things better than anybody: Science, Success and Service.

**4Life®**  
TOGETHER, BUILDING PEOPLE™



# Our Pillars

4Life® Builds Lives through Success, Science and Service taking Transfer Factor to the world to promote the welfare of people.



## Science

4Life promotes wellness and higher quality of life thanks to the revolutionary boost to wellness offered by the whole range of 4Life Transfer Factor™ products.



## Success

4Life offers an unmatched opportunity to help people to achieve their goals and financial freedom through the 4Life Opportunity and the Life Rewards Plan™.



## Service

4Life strives to build lives, families and communities around the world through the humanitarian work of Foundation 4Life.



# Recognition

4Life Transfer Factor™ products work and have been making news for more than a decade.

## I.N. Blokhina Award

This prize is usually awarded to university professors, biologists and biochemists. In 2006 David Lisonbee won this prize in recognition of his commitment to research into transfer factors, patents and innovative production processes.



## Inc. magazine

4Life was placed 15<sup>th</sup> in the list of private companies with largest growth in the United States.



## TotalHealth magazine

4Life è stata riconosciuta per la sua dedizione al benessere da questa prestigiosa rivista, mezzo di comunicazione riconosciuto per fornire contenuti importanti per il benessere delle persone.

## \$100 Million Club

In 2010 4Life entered this club on becoming a direct selling company with annual sales of more than \$100 million.



TOGETHER, BUILDING PEOPLE™

## Nexera

In early 2012 Nexera, a major provider of training and educational tools for the network marketing industry, announced its staff choice of the top 25 network marketing companies in the industry and ranked 4Life at number ten.

## Success from Home magazine

We have been endorsed by independent organizations in leading publications, such as Success from Home, which promotes credibility and so inspires confidence in the future success and stability of 4Life.

## DSN Ranking

Direct Selling News recognizes 4Life as a Global 100 and North America 50 company.



## International Life Sciences Award

In 2017, Global Health & Pharma named 4Life the Best Health & Fitness Supplement Provider in the United States of America.



## Our Formulas

As a result of research, 4Life has developed different formulas to adapt to the wellness needs of each individual.

### Transfer Factor XF™

Transfer Factors found in cow colostrum.

### Targeted Transfer Factor

Transfer Factors formulated for specific wellness.

### Transfer Factor E-XF™

Transfer Factors found in cow colostrum combined with transfer factor found in egg yolk.

### Tri-Factor™ Formula

A Formula that enhances the function of Transfer Factor E-XF with other cow colostrums nutrients.



**From left to right:** Danny Lee, President & CEO; Steve Tew, Vice Chairman of the Board; David and Bianca Lisonbee, Founders of 4Life; Dr. Brent Vaughan, PhD, Vice President of Research and Development; Dr. David Vollmer, PhD, Chief Scientific Officer.

THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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## TRI-FACTOR FAMILY

The exclusive 4Life Tri-Factor Formula is a breakthrough in the wellbeing industry. The Tri-Factor Family products are specially formulated to give broad support to your wellbeing.





**4LIFE TRANSFER FACTOR™  
TRI-FACTOR™ FORMULA  
(60 CAPSULES)**

This product supports your body with cow colostrum and egg yolk.

- 4Life Transfer Factor Tri-Factor Formula is perfect for everyone— young, old, and in between.
- Contains the highest amount of Tri-Factor Formula per capsule—300 milligrams.

**Ingredients:** 4Life Tri-Factor™ Formula (colostrum (milk) and egg yolk), glazing agent (hydroxypropyl methylcellulose – capsule shell), and maltodextrin.

**AMOUNT PER DAILY DOSE:** colostrum (420 mg), and egg yolk (180 mg).

**Directions:** Take two (2) capsules daily with 240 ml of liquid.





### 4LIFE TRANSFER FACTOR™ PLUS™ TRI-FACTOR™ FORMULA (90 CAPSULES)

This top seller includes cow colostrum and egg yolk along with a boost of our proprietary Cordyvant™ blend.

- Each capsule contains 3,3 mg of Zinc, nutrient that **contributes to the normal function of the immune system.**<sup>(1)</sup>
- Includes Cordyvant™, a proprietary blend of ingredients such as maitake mushrooms, shiitake mushrooms, cordyceps, and beta-glucan.

**Ingredients:** 4Life Tri-Factor™ Formula (made from cow colostrum (milk) and egg yolk), inositol hexaphosphate, soy bean powder (*Glycine max* L. Merr.), stabilizer (hydroxypropyl methylcellulose), cordyceps mycelium extract (*Cordyceps sinensis* (B.) Saccardo), fermented baker's yeast, zinc mono-L-methionine sulphate, agaricus fruiting body extract (*Agaricus blazeii*), aloe vera leaf powder (*Aloe barbadensis*), oat extract (*Avena sativa* L.), olive leaf extract (*Olea europaea* L.), lemon peel flavor, shiitake fruiting body extract (*Lentinula edodes* (Berk) Pegler), maitake fruiting body extract (*Grifola frondosa* S.F. Gray), and water.

**Directions:** Take three (3) capsules daily with 240 ml of fluid.



<sup>(1)</sup> EFSA Journal 2009; 7(9):1229



## 4LIFE TRANSFER FACTOR™ TRI-FACTOR™ FORMULA RIOVIDA STIX™ (15 PACKETS)

FOOD SUPPLEMENT WITH SWEETENERS, MINERAL SALTS AND 4LIFE TRANSFER FACTOR TRI-FACTOR FORMULA

- Each packet contains 600 mg of 4Life Transfer Factor Tri-Factor Formula.
- With fruit powders (açai, blueberry, apple and grape).
- Easy to take, share and combine with other Transfer Factor products.
- With mineral salts that help to achieve adequate hydration during the practice of physical activity

**Ingredients:** Fructose, flavor enhancer (citric acid), grape flavor, 4Life Tri-Factor™ Formula (made from bovine colostrum (**milk**) and **egg** yolk), bulking agent (gum arabic), pomegranate-açaí flavor, carrot powder (*Daucus carota*), apple powder (*Malus domestica*), açai fruit powder (*Euterpe oleracea*), blueberry powder (*Vaccinium myrtilloides* Michx.), elderberry flavor, elderberry powder (*Sambucus nigra*), sodium chloride, potassium chloride, grape powder (*Vitis vinifera*), and sweetener (sucralose).

**Directions:** Dissolve one packet in 240 ml of water. Shake or stir well until completely. Take one packet daily.





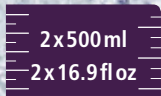
**4LIFE TRANSFER FACTOR™  
RIOVIDA™ TRI-FACTOR™  
FORMULA  
(PACK OF TWO 500 ML  
BOTTLES)**

The one-and-only beverage supplement in the world that combines the benefits of cow colostrums and egg yolk with antioxidant-rich fruits.

- Features cow colostrum and egg yolk.
- Includes a potent fusion of antioxidant juices, including açai, pomegranate, blueberry, and elderberry
- Each serving contains 60mg of vitamin C, nutrient that contributes to **the normal function of the immune system and to the protection of cells from oxidative stress.** [1]

**Ingredients:** Water, grape juice (*Vitis vinifera* L.), apple juice (*Malus domestica* (Borkh.) Borkh.), emulsifier (glycerol), blueberry juice (*Vaccinium myrtillus* L.), 4Life Tri-Factor Formula (colostrum (milk) and egg yolk), pomegranate juice (*Punica granatum* L.), L-ascorbic acid, elderberry juice (*Sambucus nigra* L.), berry cream flavor, açai (*Euterpe oleracea* C. Martius), anti-foaming agent (silicon dioxide), and emulsifier (monoglycerides of fatty acids).

**Directions:** Drink 30 ml daily.



WITH VITAMIN C, WHICH CONTRIBUTES TO THE NORMAL FUNCTION OF THE IMMUNE SYSTEM [1]

[1] EFSA Journal 2009; 7(9):1226 • EFSA Journal 2010; 8(10):1815





**4LIFE TRANSFER FACTOR™  
TRI-FACTOR™ FORMULA  
CHEWABLE  
(90 CHEWABLE TABLETS)**

Chewable daily serving of cow colostrum and egg yolk in a great-tasting citrus cream tablet for overall body wellness support.

- This product supports your body cow colostrum and egg yolk.
- Provides a great option for those who prefer not to swallow capsules.

**Ingredients:** Fructose, maltose, 4Life Tri-Factor™ Formula (made from colostrum (milk) and egg yolk), sweetener (sorbitol E420), orange flavor, acidulant (malic acid E296), vanilla flavor, anti-caking agent (fatty acids E570), and microcrystalline cellulose.

**Directions:**

Take three (3) tablets daily.



TRI-FACTOR  
FORMULA



CHEWABLE  
TABLETS  
90



35  
LP



ACTIVE LIFE



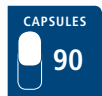
**4LIFE TRANSFER FACTOR™ CLASSIC (90 CAPSULES)**

4Life's original Transfer Factor product for daily nutritional wellness support.

- Supports your body's natural wellness.
- Provides effective nutritional support.

**Ingredients:** 4Life Transfer Factor (made from cow colostrum (milk)), bulking agent (maltodextrin), gelatine, and water.

**Directions:** Take three (3) capsules daily with 240 ml of liquid.







**4LIFE TRANSFER FACTOR™  
RENUVO™  
(120 CAPSULES)**

Each serving contains 460 mg of Rhaponticum and 440 mg de Schisandra.

- Schisandra chinensis contributes to the **protection of cells from oxidative stress.**
- It reinforces the recovery of overall well-being.
- Contains Transfer Factor.

**Ingredients:** Rhaponticum (*Rhaponticum carthamoides* (Willd.) Iljin) root extract, schisandra (*Schisandra chinensis* (Kurcz.) Baill.) fruit extract, gelatine, L-carnitine, green tea (*Camellia sinensis* L. Kuntze) leaf extract, ashwagandha (*Withania somnifera* L. Dunal) root extract, turmeric (*Curcuma longa* L.) root extract, Japanese knotweed (*Polygonum cuspidatum* Siebold et Zucc.) root extract, colostrum (milk), black pepper (*Piper nigrum* L.) fruit extract, egg yolk, and anti-caking agent (silicon dioxide).

**Directions:** Take two (2) capsules twice daily on an empty stomach with 240 ml of water.



# PRO-TF™

YOUR TOTAL PROTEIN INFUSION

READY TO SHAKE PROTEIN  
with Transfer Factor Tri-Factor™

High source of protein

Ideal for the maintenance of muscle mass

With 4Life Tri-Factor™ Formula

Each daily serving provides 20 grams of protein

CONTRIBUTES TO  
THE GROWTH AND  
MAINTENANCE OF  
MUSCLE MASS<sup>[1]</sup>

50  
LP

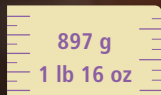
ACTIVE LIFE



**Conservation and precautions:** KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not exceed the recommended daily dose. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. This product is accurately packed by weight. Some settling may occur during storage and shipping.

[1] EFSA Journal 2010; 8(10):1811, EFSA Journal 2011; 9(6):2203

## PRO-TF™ CHOCOLATE FLAVOR



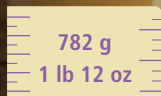
**DIRECTIONS:** Combine one (1) scoop (19.5 g) powder with 240 ml of cold water. Shake or stir until dissolved. Drink. Consume one serving daily.



**INGREDIENTS:** Whey protein (**milk**), maltodextrin, **egg** white protein, cocoa powder, natural chocolate flavor, medium chain triglycerides, 4Life Tri-Factor Formula (made from colostrum (**milk**) and **egg** yolk), sodium chloride, thickeners (xanthan gum, sodium carboxymethylcellulose), and sweeteners (sucralose, acesulfame K).

## 4LIFETRANSFORM™

## PRO-TF™ VANILLA CREAM FLAVOR



**Directions:** Combine one (1) scoop (17 g) powder with 240 ml of cold water. Shake or store until dissolved. Consume two servings daily.



**Ingredients:** Whey protein (**milk**), maltodextrin, **egg** white protein, natural vanilla-cream flavor, thickener (guar gum), medium chain triglycerides, colostrum (**milk**), sodium chloride, **egg** yolk powder, sweeteners (sucralose, acesulfame K).

## 4LIFETRANSFORM MAN

### BOOST YOUR IMMUNE SYSTEM\* AND YOUR ACTIVE LIFESTYLE.

4LifeTransform Man is a dietary supplement specifically designed for men leading an active lifestyle and for those who want to age healthily.

CAPSULES

120

ACTIVE LIFE



25  
LP

\*owing to its vitamin D content.

**Directions:** Take two (2) capsules twice daily with 250 ml of fluid.

**Ingredients:** L-citrulline, citrus fruit bioflavonoid complex, coating agent (hydroxypropyl methylcellulose), *Panax ginseng* root extract, cholecalciferol, medium chain triglycerides, and water. **Consult your doctor or pharmacist when taking anti-diabetic treatment.**



## 4LIFETRANSFORM WOMAN

### ENJOY LIFE.

4LifeTransform Woman is a dietary supplement containing a powerful combination of citrulline, evening primrose and purslane specifically designed for women who want to enjoy an active lifestyle.

CAPSULES

120

ACTIVE LIFE



25  
LP

**Directions:** Take two (2) capsules twice daily with 250 ml of fluid.

**Ingredients:** L-Citrulline, coating agent (hydroxypropylmethylcellulose), evening primrose (*Oenothera biennis*) seed extract, purslane (*Portulaca oleracea* L.) herb extract, anti-caking agent (magnesium stearate), medium chain triglyceride oil, and water.



KEEP OUT OF REACH OF CHILDREN. DO NOT EXCEED THE RECOMMENDED DAILY DOSE.  
FOOD SUPPLEMENTS ARE NOT A SUBSTITUTE FOR A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE.

4LIFETRANSFORM

# BURN™

FOOD SUPPLEMENT WITH INGREDIENTS  
THAT CONTRIBUTE TO NORMAL FAT  
METABOLISM AND SUPPORT WEIGHT  
CONTROL.

CAPSULES



80

ACTIVE LIFE



35  
LP

**DIRECTIONS:** Take two (2) capsules daily with 250 ml of fluid.  
Take product five or more days per week. For best results, take one  
hour before exercise.

**INGREDIENTS:** Citrus (*Citrus paradisi*, *Citrus sinensis* and *Citrus  
aurantium*) fruits extract, *Coleus forskohlii* root extract, coating  
agent (hydroxypropylmethylcellulose), African mango (*Irvingia  
gabonensis*) seed extract, dihydrocapsiate, water, ginger (*Zingiber  
officinale*) root oil, and anti-caking agent (magnesium stearate).





### 4LIFE TRANSFER FACTOR™ VISTA™ (60 CAPSULES)

As well as lutein and zeaxanthin, 4Life Transfer Factor VISTA contains vitamins A, E and C, zinc, extract of blueberry, black currant berry extract and other ingredients to enhance your overall wellness program. Contains lutein and zeaxanthin, which are fat soluble yellow pigments that are concentrated in the macula of the eye. Each capsule contains:

- 32,5 mg of vitamin C and 11 mg of vitamin E, which **contributes to the protection of cells from oxidative stress.**<sup>[1] [2]</sup>
- 2,5 mg of zinc and 975 µg of vitamin A, which **contributes to the maintenance of normal vision.**<sup>[3] [4]</sup>

**Ingredients:** Maltodextrin, stabilizer (hydroxypropyl methylcellulose), lutein, 4Life Tri-Factor™ Formula (made from colostrum (milk) and egg yolk), L-ascorbic acid, d-alpha tocopheryl acetate, zeaxanthin, astaxanthin, zinc gluconate, bilberry (*Vaccinium myrtillus* L.) fruit extract, spirulina (*Spirulina Turpin* ex. Gomont, 1893 (*Spirulina platensis* (Gomont) Geitler)) algae powder, citrus bioflavonoids, anti-caking agent (stearic acid), black currant (*Ribes nigrum* L.) fruit extract, ginkgo (*Ginkgo biloba* L.) leaf extract, blackberry (*Rubus fruticosus* L.) fruit powder, L-ascorbyl 6-palmitate, retinyl palmitate, beta carotene, water and antioxidant (ascorbic acid).

**Directions:** Take one (1) capsule daily with 240 ml of liquid.



<sup>[1]</sup> EFSA Journal 2009;7(9):1226, 2010;8(10):1815 — <sup>[2]</sup> EFSA Journal 2010;8(10):1816

<sup>[3]</sup> EFSA Journal 2009;7(9):1229 — <sup>[4]</sup> EFSA Journal 2009;7(9):1221, 2010;8(10):1754



## WITH MAGNESIUM, WHICH CONTRIBUTES TO NORMAL FUNCTIONING OF THE NERVOUS SYSTEM

### 4LIFE TRANSFER FACTOR™ RECALL™ (90 CAPSULES)

4Life Transfer Factor Recall is the dietary supplement which combines the Tri-Factor Formula with antioxidants and a synergistic blend of nutrients that help support the well-being of students and professionals with an active and intensive lifestyle. Each serving contains:

Each serving daily serving contains:

- 109 mg of magnesium, which contributes to **normal functioning of the nervous system.** <sup>[1]</sup>
- 66,6 mg of 4Life Transfer Factor Tri-Factor to strengthen your overall well-being.



**Directions:** Take two (2) capsules daily with 240 ml of liquid.

**Ingredients:** Anti-caking agent (microcrystalline cellulose), magnesium oxide, stabilizer (gelatin), choline (soy), *Bacopa monnieri* (L.) pennell, *Ginkgo biloba* L., 4Life Tri-Factor™ Formula (made from bovine colostrum (milk) and egg yolk), magnesium gluconate, L-cysteine, L-tyrosine, L-glutamine, anti-caking agent (stearic acid), stabilizer (water), anticaking agent (silicon dioxide), and colorant (beta-carotene).

<sup>[1]</sup> EFSA Journal 2009;7(9):1216



**4LIFE TRANSFER FACTOR™ BCV™  
(120 CAPSULES)**

A Targeted Transfer Factor product that blends egg yolk with over vitamins, minerals, and antioxidants. Each serving contains:

- 185 µg of vitamin A, which **contributes to normal iron metabolism.**<sup>[1]</sup>
- 50,5 mg of vitamin C, which contributes to normal collagen formation for **the normal function of blood vessels.**<sup>[2]</sup>
- 10 mg of vitamin E and 12,5 µg of Selenium, which **contributes to the protection of cells from oxidative stress.**<sup>[3] [4]</sup>
- 0,5 mg of vitamin B6 and 1 µg of vitamin B12, which **contributes to normal red blood cell formation.**<sup>[5] [6]</sup>
- 2,5 mg of zinc, which **contributes to normal metabolism of fatty acids.**<sup>[7]</sup>
- 0,5 µg of copper, which **contributes to normal iron transport in the body.**<sup>[8]</sup>
- A proprietary blend that includes coenzyme Q-10, ginkgo biloba, garlic, and ginger oil.

**Ingredients:** Magnesium L-lysinate, gelatine, ascorbic acid, garlic (*Allium sativum*), 4Life Transfer Factor™ (egg yolk), English hawthorn (*Crataegus laevigata* Poir.) DC.), potassium citrate, d-alpha tocopheryl succinate, butcher's broom (*Ruscus aculeatus*), zinc gluconate, magnesium L-ascorbate, water, *Ginkgo biloba* L., beta-carotene, ginger (*Zingiber officinale* Roscoe), niacinamide, copper glycinate, coenzyme Q10, L-selenomethionine, Japanese knotweed (*Polygonum cuspidatum*), L-ascorbyl-6-palmitate, folic acid, pyridoxine hydrochloride, and cyanocobalamin.

**Directions:** Take one (1) capsule daily with 240 ml of liquid.

TRANSFER FACTOR 	ACTIVE LIFE 	CAPSULES 120 	46 LP
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[1] EFSA Journal 2009;7(9):1221 — [2] EFSA Journal 2009;7(9):1226 — [3] EFSA Journal 2010;8(10):1816  
 [4] EFSA Journal 2009;7(9):1220, 2010;8(10):1727 — [5] EFSA Journal 2009;7(9):1225 — [6] EFSA Journal 2009;7(9):1223  
 [7] EFSA Journal 2009;7(9):1229 — [8] EFSA Journal 2009;7(9):1211





### 4LIFE TRANSFER FACTOR™ GLUCOACH™ (120 CAPSULES)

A Targeted Transfer Factor product from bovine colostrum and chicken egg yolk combined with minerals, herbs, and other ingredients that support your body's wellness. Each capsule contains:

- 150 µg of chromium, which **contributes to the maintenance of normal blood glucose levels.** <sup>[1]</sup>
- 65 µg of vitamin C, which **contributes to maintain the normal function of the immune system during and after intense physical exercise.** <sup>[2]</sup>

**Ingredients:** Cinnamon (*Cinnamomum zeylanicum*), prickly pear (*Opuntia ficus-indica*), banaba (*Lagerstroemia speciosa*), gelatin, L-ascorbic acid, ginseng (*Panax ginseng*), 4Life Transfer Factor™ (made from bovine colostrum (milk) and egg yolk), water, and chromium chloride (III).

**Directions:** Take one (1) capsule daily with 240 ml of liquid.



<sup>[1]</sup> EFSA Journal 2010;8(10):1732, 2011;9(6):2203 — <sup>[2]</sup> EFSA Journal 2009;7(9):1226



**4LIFE TRANSFER FACTOR™  
MALEPRO™  
(90 SOFT CAPSULES)**

4Life Transfer Factor combined with other ingredients for providing support for male body wellness. Each capsule contains:

- 5 mg of zinc, which **contributes to the maintenance of normal testosterone levels in the blood and to normal fertility and reproduction.** <sup>[1] [2]</sup>
- 66 µg of selenium, which **contributes to the normal function of the immune system and to normal spermatogenesis.** <sup>[3]</sup>
- 33,3 mg of Transfer Factor from cow colostrum and egg yolk.
- Includes saw palmetto and lycopene for male wellness.
- Provides isoflavones, broccoli extract, and antioxidants.

**Ingredients:** Olive oil, gelatine, corn oil, emulsifier (glycerine), saw palmetto (*Serenoa repens*), nettle (*Urtica dioica*), broccoli (*Brassica oleracea*), kudzu (*Pueraria lobata*), soy (*Glycine max*), stabilizer (yellow beeswax), 4Life Transfer Factor™ (made from bovine colostrum (milk) and egg yolk), water, zinc oxide, L-selenomethionine, lycopene, and stabilizer (lecithin).

**Directions:** Take one (1) softgel daily with 240 ml of liquid.



<sup>[1]</sup> EFSA Journal 2010;8(10):1819 — <sup>[2]</sup> EFSA Journal 2009;7(9):1229 — <sup>[3]</sup> EFSA Journal 2009; 7(9):1220

**4LIFE TRANSFER FACTOR™  
GLUTAMINE PRIME™  
(120 CAPSULES)**

Rich energy source that provides nutritional fuel and the building blocks of glutathione, an important antioxidant.

- Supplies added nutritional fuel with cow colostrum and the important amino acid glutamine.
- Nutritionally promotes the body's production of glutathione, a powerful natural antioxidant.
- Each serving contains 1.600mg of L-Glutamine and 20mg of cow colostrum

**Ingredients:** Lglutamine, stabilizer: gelatin (capsule), L-arginine, N-acetyl-L-cysteine, anticaking agent: microcrystalline cellulose, alpha lipoic acid, stabilizer: water, anti-caking agent: stearic acid, and colostrum (milk).

**Directions:** Take four (4) capsules daily with 240 ml of liquid. For best results it is recommended to take 2 capsules in the morning and 2 in the evening.

TRANSFER  
FACTOR



CAPSULES



25  
LP

ACTIVE LIFE





**4LIFE TRANSFER FACTOR™ BELLEVIE™ (60 CAPSULES)**

A Targeted Transfer Factor™ product providing nutritional support for women.

- Features cow colostrum and egg yolk to fortify your body's natural wellness.
- Includes a blend of herbal antioxidants, phytoestrogens, and indoles.
- Nutritionally promotes overall feminine wellness.

**Ingredients:** Cruciferous vegetable blend (broccoli, cabbage, kale) (*Brassica oleracea* L.), green tea extract (*Camellia sinensis* L. Kuntze), stabilizer (gelatin), flaxseed extract (*Linum usitatissimum* L.), kudzu extract (*Pueraria lobata* [Willd.] Ohwi), 4Life Transfer Factor (made from bovine colostrum (milk) and egg yolk), grape seed extract (*Vitis vinifera* L.), red clover (*Trifolium pratense* L.), stabilizer (water), clove oil (*Syzygium aromaticum* L. Merr.).

**Directions:** Take two (2) capsules daily with 240 ml of liquid.



TRANSFER FACTOR

CAPSULES

60

40 LP



**4LIFE TRANSFER FACTOR™ REFLEXION™  
(60 CAPSULES)**

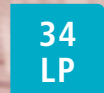
Transfer factors combined with *Avena sativa* and L-Theanine.

**Ingredients:** Wild green oat (*Avena sativa* L.) herb extract, L-theanine, coating agent (hydroxypropylmethylcellulose), 4Life Tri-Factor™ Formula (made from colostrum (**milk**) and **egg yolk**), anti-caking agent (magnesium stearate), water, and anti-caking agent (silicon dioxide).

**Directions:** Take two (2) capsules daily with 240 ml of liquid.



**FEEL  
CALM  
AGAIN**



enummi™ Skin Care  
with Transfer Factor E-XF™

# enummi™ Skin Care

with Transfer Factor E-XF™

The Science of Beauty Your Skin Deserves



enummi™ Skin Care product line combines 4Life Transfer Factor™ with ingredients for the kind of hydration, nourishment, and protection your skin deserves.

Experience and share the benefits of a vibrant and luminous complexion so you can feel your best every day.



THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



## GENTLE FACIAL CLEANSER (120ML)

FOR ALL SKIN TYPES

Start and finish every day with a clean slate when you scrub up with enummi™ Gentle Facial Cleanser. The finest in herbal extracts, natural emollients, vitamins, and antioxidants wash away impurities and restore moisture to leave your face soft, pure, and bright. Formulated for all skin types, apply this light, foaming cleanser both morning and night for fresh, clean skin that's ready for whatever the day throws your way.

**Ingredients:** Aqua, sodium C12-18 alkyl sulfate, sodium cocaminopropionate, lauramidopropyl betaine, glycerin, PEG-20 methyl glucose sesquistearate, sodium chloride, panthenol, hexylene glycol, aloe barbadensis extract, sodium PCA, myristamidopropyl betaine, moringa pterygosperma seed extract, arnica montana flower extract, arctium lappa root extract, chamomilla recutita extract, symphytum officinale extract, humulus lupulus extract, equisetum arvense leaf extract, macrocystis pyrifera extract, tilia cordata extract, althaea officinalis root extract, achillea millefolium extract, caprylyl glycol, phenoxylethanol, chlorphenesin, benzoic acid, sorbic acid, disodium EDTA, parfum, and linalil.

**Directions:** Apply a small amount to washcloth or hands. Massage over entire face and neck. Rinse thoroughly with water. Use day and night for best results. As part of any skin care regiment, 4Life recommends the daily use of SPF 15 sunscreen to protect skin from UVA and UVB rays.

120 ml

4 oz

8  
LP





enummi™ REFRESHING TONER  
(120ML)

WITH TRANSFER FACTOR XF™

Begin your day with enummi™ Refreshing Toner! Perfect for all skin types, it's infused with vitamins, antioxidants, and plant emollients that neutralize surface impurities and restore needed balance leaving your face feeling smooth, fresh, bright, and primed for moisturizing.

**Ingredients:** Aqua, butylene glycol, 1,2-hexanediol, caprylyl glycol, methyl gluceth-20, glycerine, betaine, sodium PCA, sodium citrate, colostrum, sodium hyaluronate, paeonia albiflora extract, royal jelly extract, biotin, disodium EDTA, citric acid, and phenoxyethanol.

**Directions:** Spray enummi Toner directly onto face or apply with a cotton pad. Use day and night after cleansing or anytime for a cool, refreshing boost. As part of any skin care regimen, 4Life recommends the daily use of SPF 15 sunscreen to protect skin from UVA and UVB rays.



120 ml  
4 oz

12  
LP





enummi™ LIFE C  
ENERGIZING SERUM™  
(30ML)

WITH TRANSFER FACTOR E-XF™

enummi™ Life C Energizing Serum™ combines powerful vitamin C and other botanicals to help energize tired looking skin, improve overall texture, and help diminish the appearance of age spots and defend against environmental stresses. Wake up your skin with this velvety, luxurious serum and experience a more luminous complexion. Contains Transfer Factor E-XF™.

**Ingredients:** Cyclopentasiloxane, dimethicone crosspolymer, tetrahexyldecyl ascorbate, *olea europaea* (olive) fruit oil, *olea europaea* (olive) leaf, tocopheryl acetate, retinyl palmitate, *helianthus annuus* seed oil, colostrum, luteum ovi powder, *citrus aurantium dulcis* (orange) peel oil, hexylresorcinol, and phenoxylethanol.

**Directions:** Apply after cleansing and toning, massaging in upward circular motions. Use morning and evening for best results. Follow with enummi™ Restoring Eye Cream, and enummi™ Protective Day Moisturizer in the morning, and enummi™ Night Recovery Cream in the evening.



30 ml

1 oz

25  
LP

# enummi<sup>®</sup> Skin Care

with Transfer Factor E-XF™



HYDRATION  
PROTECTION  
ELASTICITY  
SPF 15





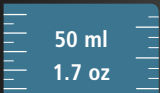
enummi™ PROTECTIVE  
DAY MOISTURIZER  
(50ML)

WITH TRANSFER FACTOR XF™  
WITH SPF 15  
FOR ALL SKIN TYPES

Protect your skin from the harsh outside world with enummi™ Protective Day Moisturizer with SPF 15 protection against UVA and UVB rays. This lightweight moisturizer blends together vitamins and other nutrients to support soft, healthy skin, and promote moisture retention and resiliency. Protective Day Moisturizer is formulated for all skin types.

**Ingredients:** Aqua, ethylhexyl methoxycinnamate, C12-15 alkyl benzoate, diethylhexyl carbonate, glyceryl stearate, butyl methoxydibenzoylmethane, butylene glycol, dimethicone, ethylhexyl salicylate, cyclopentasiloxane, potassium cetyl phosphate, *aloe barbadensis* gel, phenoxyethanol, caprylyl glycol, ethylhexylglycerin, hexylene glycol, argilla, cetyl alcohol, xanthan gum, colostrum, luteum ovi powder, *camelia sinensis* extract, glycerin, *moringa pterygosperma* seed extract, phospholipids, tocopheryl acetate, retinyl palmitate, ascorbyl palmitate, tetrasodium EDTA, sodium hydroxide, parfum, limonene, linal, linalool, and lylral.

**Directions:** After cleansing and toning, apply to face and neck. Use daily for best results.



50 ml  
1.7 oz

25  
LP



# enummi™ Skin Care

with Transfer Factor E-XF™



## enummi™ NIGHT RECOVERY CREAM (50ML)

WITH TRANSFER FACTOR E-XF™

enummi™ Night Recovery Cream is formulated for all skin types to help your face recover from the stress of the day. Contains aloe vera, vitamin A and E, and deep moisturizing agents to balance and rejuvenate your skin. The natural antioxidants provide anti-aging benefits while moisturizing ingredients give dry skin a youthful appearance. Use Night Recover Cream every night and wake up to beautiful, refreshed skin.

**Ingredients:** Aqua, caprylic/capric triglyceride, glycerine, *aloe bardensis* gel, diethylhexyl carbonate, polysorbate 20, ethylhexyl palmitate, phenoxyethanol, colostrum, polyisobutene, carbomer, acrylamide/ammonium acrylate copolymer, caprylyl glycol, *luteum ovi* powder, xanthan gum, tocopheryl acetate, sorbic acid, *hordeum distichon* extract, *vigna aconitifolia* extract, sodium citrate, parfum, panthenol, disodium EDTA, allantoin, xylitylglucose, xylitol, *santalum album* extract, *phellodendron amurense* extract, sodium hydroxide/caustic soda, anhydroxylitol, chlorphenesin, methylparaben, and sodium hyaluronate.

**Directions:** After cleansing and toning, smooth on face and neck. Use nightly for best results. To determine sensitivity, test a small amount on the inner forearm before first use. As part of any skin care regimen, 4Life recommends the daily use of SPF 15 sunscreen to protect skin against UVA and UVB rays.

50 ml

1.7 oz

30  
LP



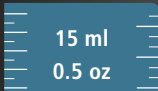
enummi™ RESTORING  
EYE CREAM (15ML)

WITH TRANSFER FACTOR E-XF™

enummi™ Restoring Eye Cream delivers valuable anti-aging nutrients to the delicate eye area. This powerful formula features a comprehensive blend of phospholipids, peptides, and antioxidants to restore needed moisture and improve the appearance of fine lines, wrinkles, puffiness, and dark circles for brighter eyes. Contains Transfer Factor E-XF™.

**Ingredients:** Aqua, squalane, butylene glycol, cetearyl alcohol, glyceryl stearate, PEG-100 stearate, C-12-15 alkyl benzoate, cetearyl methicone, ethylhexyl palmitate, dimethicone, cyclopentasiloxane, behenyl alcohol, ammonium acryloyldimethyltaurate/VP copolymer, gossypium herbaceum (cotton), cyclohexasiloxane, tribehenin, hexoxyethanol, tetrahexyldecyl ascorbate, hydrogenated lecithin, camelia sinensis extract, caprylyl glycol, phospholipids, glycerine, linoleic acid, betaine, glycine soja sterol, colostrum, xanthan gum, ceramide 2, sodium PCA, titanium dioxide, bisabolol, steareth-20, PEG-10 rapeseed sterol, sorbic acid, mica, hordeum distichon extract, fragrance, silica dimethyl silylate, disodium EDTA, sorbitol, silica, luteum ovi powder, sodium hydroxide, phellodendron amurense bark extract, santalum album extract, serine, glycine, glutamic acid, alanine, N-hydroxysuccinimide, sodium hyaluronate, arginine, lysine, hexylene glycol, acetyl hexapeptide-8, threonine, proline, methylparaben, palmitoyl oligopeptide, tocopheryl acetate, retinyl palmitate, propylparaben, chrysin, ascorbyl palmitate, and palmitoyl tetrapeptide-7.

**Directions:** Apply a small amount to the tip of your finger and gently pat into the skin around the eye. Apply morning and evening for best results.



30  
LP



# Skin Specifics

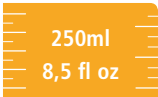
Skin Specifics	Description	Recommended Product(s)	Other Tips
<b>Fine lines and wrinkles around the eyes</b>	As you age, your skin naturally begins to thin and fine lines and wrinkles begin to appear, especially around the eyes. Additional factors that can accelerate this process are sun damage, expressions like squinting, lack of hydration and nutrition, stress, and lack of sleep.	enummi™ Protective Day Moisturizer  enummi Restoring Eye Cream	Wear sunglasses whenever in the sun and try to wear a hat on those days you will be exposed for longer periods of time. Incorporate brightly colored fruits and vegetables into your diet to increase antioxidant protection. Drink at least 2 litres of water each day.
<b>Dark circles around the eyes</b>	Dark circles are another condition that may become more prevalent with age. Heredity, sun exposure, lack of hydration and nutrition, and stress may also make these circles appear more intense.	enummi Restoring Eye Cream	Get a full eight hours of sleep and make sure you drink at least 2 litres of water each day. Try to keep stress levels at bay.
<b>Puffiness around the eyes</b>	Common causes of puffy eyes may include fluid retention, lack of sleep, or excessive rubbing of the eyes.	enummi Restoring Eye Cream	Get a full eight hours of sleep and avoid drinking too many fluids right before you go to bed. Try putting your eye cream in the refrigerator overnight and applying it in the morning to help reduce puffiness.
<b>Uneven skin tone</b>	Sun damage, aging, oily skin, hormonal changes, poor nutrition, and lack of nutrients can all lead to uneven skin tone. The more you age, the more tired and sallow your skin may begin to look.	enummi Protective Day Moisturizer  enummi Life C Energizing Serum™	Make sure to protect your skin with an SPF product every day. Wear a hat and sunglasses for added protection on those days you spend a lot of time outside.
<b>Skin discolorations, dark spots</b>	Sun damage shows up in many ways, but the most prevalent are uneven skin tone, discolorations, and dark spots.	enummi Protective Day Moisturizer  enummi Life C Energizing Serum	Make sure to protect your skin with an SPF product every day. Wear a hat and sunglasses for added protection on those days you spend a lot of time outside. Supplement your diet with 4Life Transfer Factor™ RioVida™ Tri-Factor™ Formula or Transfer Factor Glutamine Prime™ for additional antioxidant support.
<b>Dry, itchy, tight skin</b>	Dry skin is often hereditary. It can also show up as you age, as natural skin oils diminish. Environmental factors, including sun, wind, and cold can also dry out your face. Washing with harsh soaps or even scrubbing can worsen dry skin. And to compound matters, sometimes you might rush out the door and leave your skin without needed moisture and protection. This can dry out your skin and directly contribute to the aging process.	enummi Gentle Facial Cleanser  enummi Protective Day Moisturizer  enummi Night Recovery Cream	Use a gentle cleanser and apply moisturizer within a few minutes of washing to help lock moisture into your skin. Take BioEFA™. Essential fatty acids promote healthy skin. Drink at least 2 litres of water each day. With climate changes, it is important to pay attention to your skin needs. If you aren't getting enough moisture, try layering enummi Night Recovery Cream underneath your enummi Protective Day Moisturizer for extra hydration.
<b>Rough, uneven texture</b>	Aging, along with environmental factors like sun exposure and pollution, can strip your skin of natural collagen and elastin fibers and influence the texture of skin.	enummi Life C Energizing Serum  enummi Protective Day Moisturizer  enummi Night Recovery Cream	Incorporate antioxidant-rich foods into your diet. Supplement your nutrition with 4Life Transfer Factor RioVida Tri-Factor Formula or Transfer Factor Glutamine Prime for additional antioxidant support. Take BioEFA. Essential fatty acids promote healthy skin. Drink at least 2 litres of water each day.
<b>Tired, sallow-looking skin</b>	Similar to how a long day's work can leave your body feeling tired and low on energy, your skin feels the same way. Overstressed days, winter cold, smoking, or a lack of nutrients and moisture can contribute to a sallow and tired appearance.	enummi Life C Energizing Serum	Maintain a healthy diet, drink plenty of water, and get enough sleep to help support a healthy complexion. When applying enummi Life C Energizing Serum, try massaging in small circular motions, moving upward and outward. This will give your skin the energetic boost it needs.

**enummi™ INTENSIVE BODY LOTION  
(250 ML)**

enummi™ Intensive Body Lotion contains moisture-rich ingredients to treat your skin to optimal moisture levels and softness. This formula absorbs quickly, leaving behind a veil of moisture. With a soothing Thai lemongrass fragrance, this body lotion provides skin moisturizing for the entire family.

**Ingredients:** Aqua, *carthamus tinctorius* oil, glycerine, *helianthus annuus* seed oil, glyceryl stearate, stearic acid, *butyrospermum parkii* butter, caprylic/capric/myristic stearic triglyceride, cetyl alcohol, sodium stearoyl lactylate, *hordeum distichon* extract, cyclomethicone, triethanolamine, tocopheryl acetate, *camelia sinensis* extract, dimethicone, colostrum, cyclohexasiloxane, carbomer, *santalum album* extract, *phellodendron amurense* extract, PEG-100 stearate, allantoin, tocopherol, sodium PCA, *moringa pterygosperma* extract, luteum ovi powder, diethanolamine, disodium EDTA, *aloe barbadensis* gel, phenoxyethanol, sorbic acid, caprylyl glycol, chlorphenesin, ethylparaben, methylparaben, fragrance, limonene, benzyl benzoate, linal, citronellol, geraniol, hexyl cinnamal, hydroxycitronellal, lylal, and linalool.

**Directions:** Smooth generously on your skin, daily.



**WITH TRANSFER FACTOR E-XF™  
FORMULATED FOR DRY CLIMATES**



**enummi™ TOOTHPASTE  
(113GR)**

**WITH TRANSFER FACTOR E-XF™**

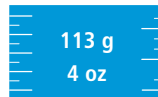
enummi™ toothpaste provides key ingredients that clean and brighten your teeth. This daily use, fluoride-free formula will keep you smiling all day long.

**Ingredients:** Sorbitol, silica, aqua, glycerin, avor, calcium carbonate, sodium bicarbonate, xylitol, cellulose gum, stevioside, titanium dioxide, sodium lauryl sarcosinate, sodium benzoate, colostrum, ubiquinone, luteum ovi powder, and lactoferrin

**Directions:** Apply a small amount of paste to toothbrush and brush thoroughly two times a day (or more) or after each meal.

Children ages 2 to 6 should be supervised to minimize swallowing.

- DENTAL CARE**
- Cleaning
  - Brightness
  - Fresh breath
  - Fluoride-free





MOISTURISING SKIN SOOTHING GEL  
WITH TRANSFER FACTOR XF™



## 4LIFE TRANSFER FACTOR™ RENEWALL™ (56.7GR)

Moisturise and enhance the appearance of your skin with 4Life Transfer Factor™ RenewAll™, a soothing gel especially formulated to support healthy skin. This revolutionary product takes Transfer Factor XF™ and blends it with extracts of aloe vera, rosemary, chamomile, and lavender into an easy-to-apply gel that keeps your skin soft and smooth. 4Life Transfer Factor RenewAll helps reduce the appearance of dry patches and continues to moisturise and soothe your skin. The gel may be used whenever you need it, whether it's when you wake up in the morning or after sun exposure and shaving. 4Life Transfer Factor RenewAll gives a healthy appearance to skin and supports its natural state.

**Ingredients:** Aqua, colostrum, PPG-2 isoceteth-20 acetate, triethanolamine, butylene glycol, polysorbate 20, carbomer, phenoxyethanol, caprylyl glycol, dimethicone copolyol, hexylene glycol, ethylhexylglycerin, *aloe barbadensis* gel, disodium EDTA, eucalyptus globulus oil, *rosmarinus officinalis* oil, panthenol, allantoin, glycerin, yeast polysaccharides, sodium PCA, anthemis nobilis extract, carrageenan, propylene glycol, citric acid, and *lavandula angustifolia* extract.

**Directions:** Apply freely to desired skin areas.

56.7g  
2 oz

16  
LP







# ENERGY GO STIX™

## IMPROVES ALERTNESS, PROMOTES CONCENTRATION AND REDUCES DROWSINESS.\*

- Delicious tasting
- Easy to carry
- Compact
- Very lightweight before preparation
- Easy to combine with other 4Life products
- Non-Carbonated
- Low in calories
- Reasonably priced
- Easy to share
- With 4Life Transfer Factor™



## TROPICAL



15 Kcal and 85mg of caffeine per portion (1 sachet)

**Directions:** Mix 1 packet with 240 ml of water once daily. Do not exceed the recommended daily dose.

**Ingredients:** Maltodextrin, taurine, green tea (*Camellia sinensis*) leaf extract, L-arginine, L-glutamine, acidity regulator (malic acid), natural mango flavor, yerba mate (*Ilex paraguariensis*) leaf extract, creatine, natural passion fruit-type flavor, beta carotene, anti-caking agent (silicon dioxide), acidity regulator (citric acid), natural passion fruit flavor, L-ornithine alpha-ketoglutarate, L-carnitine, eleuthero (*Eleutherococcus senticosus*) root extract, guarana (*Paullinia cupana*) seed extract, maca (*Lepidium meyenii*) root extract, 4Life Transfer Factor™ (made from colostrum (milk) and egg yolk), sweetener (sucralose), cherry extract, natural pineapple flavor, rhodiola (*Rhodiola rosea*) root extract, American ginseng (*Panax quinquefolium*) root extract, Korean ginseng (*Panax ginseng*) root extract, sweetener (acesulfame potassium), and chromium nitrate.

17  
LP

SERVINGS  
15

## BERRY



10 Kcal and 52.5mg of caffeine per portion (1/2 sachet)

**Directions:** Mix ½ of the packet (2.5 g) in 240 ml of water. Do not exceed the recommended daily dose.

**Ingredients:** Isomaltulose, acidity regulator (citric acid), L-glutamine, taurine, raspberry flavour, vanilla flavour, green tea (*Camellia sinensis* L. Kuntze) leaf, L-arginine, strawberry flavour, yerba mate (*Ilex paraguariensis* A. St.-Hil) leaf extract, cranberry flavour, anti-caking agent (silicon dioxide), colorant (red beet), sweetener (sucralose), guarana (*Paullinia cupana* Kunth., Bonpl. et Kunth) seed extract, colorant (beta carotene), 4Life Transfer Factor™ Formula (made from colostrum (milk) and egg yolk), and flavour enhancer (sodium acetate).

34  
LP

SERVINGS  
60

CONSULT YOUR DOCTOR OR PHARMACIST IF YOU ARE TAKING ANTI-DIABETIC MEDICINES. CONTAINS CAFFEINE. NOT RECOMMENDED FOR CHILDREN OR PREGNANT WOMEN. Not a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. KEEP OUT OF REACH OF CHILDREN.

\*owing to its caffeine content.

Fe  
IRON30  
Zn  
ZINC20  
Ca  
CALCIUMMg  
MAGNESIUM

# Nutrastart™

SOURCE OF FIBRE, VITAMINS AND MINERALS

WITH 4LIFE TRANSFER FACTOR™

Na  
SODIUM29  
Cu  
COPPER

## Who knew that some few calories

**could taste so big?** The all-natural chocolate or vanilla goodness in Nutrastart is a **source of fibre, vitamins and minerals**; is perfect as a between-meal snack or when blended with your favorite fruits or veggies, as a satisfying meal. Start everyday in a positive way with NutrasStart!

**Directions:** Add two (2) scoops of NutraStart to 8 oz (240 ml) of water. Blend or shake well until smooth and drink immediately. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

KEEP OUT OF REACH OF CHILDREN.



Nutrastart Chocolate: 960 g (2 lb 1.86 oz).

Nutrastart Vanilla: 804 g (1 lb 12.4oz).

VITAMIN  
B6VITAMIN  
EVITAMIN  
B12VITAMIN  
B3VITAMIN  
B12VITAMIN  
AVITAMIN  
DVITAMIN  
B2VITAMIN  
B5



**Nutrastart Chocolate Ingredients:** Sweetener: fructose, **soy** protein isolate, whey (**milk**) protein concentrate, flavor: sunflower oil creamer (sunflower oil, corn syrup, sodium caseinate), thickening agent: polydextrose, flavor: cocoa powder, bulking agent: maltodextrin, **soy** fiber, flavor: chocolate flavor, stabilizer: sodium carboxymethyl cellulose, tricalcium phosphate, magnesium oxide, sodium chloride, 4Life Transfer Factor™ (made from bovine colostrum (**milk**) and **egg** yolk), L-ascorbic acid, retinyl acetate, zinc gluconate, ferrous citrate, biotin, niacinamide, copper gluconate, calcium D-pantothenate, d-alpha tocopherol acetate, pyridoxine hydrochloride, thiamine mononitrate, cholecalciferol, riboflavin, folic acid, and cyanocobalamin.



**Nutrastart Vanilla Ingredients:** fructose, **soy** protein isolate, whey (**milk**) protein concentrate, sunflower oil creamer (sunflower oil, corn syrup, sodium caseinate), thickener (polydextrose), maltodextrin, sweetener (xylitol), **soy** fiber, vanilla flavor, stabilizer (sodium carboxymethylcellulose), tricalcium phosphate, cream flavor, magnesium oxide, sodium chloride, 4Life Transfer Factor™ (made from bovine colostrum (**milk**) and **egg** yolk), L-ascorbic acid, retinyl acetate, zinc gluconate, D-biotin, ferrous citrate, niacinamide, calcium D-pantothenate, copper gluconate, d alpha tocopherol acetate, pyridoxine hydrochloride, cholecalciferol, riboflavin, thiamin mononitrate, folic acid, and cyanocobalamin.





# RiteStart™

ALL-IN-ONE NUTRITION FOR MEN AND WOMEN

**Unisex Formula**





## A RIGHT START FOR YOUR DAY

RiteStart™ is designed to help you look and feel great, and have the energy and specific support you need to enjoy an active life.



A top-selling product, RiteStart contains all the essential building blocks for good nutrition with the added advantage of 4Life Transfer Factor™ Plus Tri-Factor Formula. With vitamins, minerals, essential fatty acids (including Omega 3's and 6's), and a complex blend of potent antioxidants, these convenient packets make daily supplementation simple and stress-free.

**DIRECTIONS:** Take two packets daily with 240 ml of water. For best results, take one packet in the morning and one packet in the evening.

Do not exceed the recommended daily dose. Not a substitute for a varied and balanced diet and a healthy lifestyle. KEEP OUT OF REACH OF CHILDREN.

### Nutritional Information

Servings Per Container: 15

Per Daily Serving		% RI*	Per Daily Serving		% RI*
Calcium	150 mg	19%	Flaxseed Oil	266 mg	-
Magnesium	57 mg	15%	Inositol Hexaphosphate	262,82 mg	-
Vitamin C	15 mg	19%	Soy	260,22 mg	-
Zinc	10 mg	100%	Citrus Bioflavonoids	257,5 mg	-
Iron	3,6 mg	26%	Colostrum	210 mg	-
Niacin	3 mg	19%	Acerola	191,66 mg	-
Pantothenic Acid	2 mg	33%	Borage Seed Oil	186 mg	-
Vitamin E	1,8 mg	15%	Safflower Seed Oil	158 mg	-
Vitamin B6	0,6 mg	43%	Curcumin	157,5 mg	-
Copper	0,5 mg	50%	Egg Yolk	90 mg	-
Vitamin A	450 µg	56%	Cordyceps	74,28 mg	-
Vitamin B1	0,4 mg	36%	Pine Bark	63 mg	-
Vitamin B2	0,4 mg	29%	Grape Seed	63 mg	-
Biotin	70 µg	140%	Baker's Yeast	57,9 mg	-
Folic Acid	40 µg	20%	Agaricus	35 mg	-
Vitamin D3	1 µg	20%	Aloe	34 mg	-
Vitamin B12	0,4 µg	16%	Oat	33,34 mg	-
Fish Oil	1030 mg	-	Maitake	20 mg	-
Green Tea	309 mg	-	Shiitake	20 mg	-
*RI: Reference Intakes			*RI: Reference Intakes		

## INGREDIENTS

**MULTIPLIX CAPSULE:** Tricalcium phosphate, anti-caking agent (microcrystalline cellulose), gelatin, magnesium oxide, ascorbic acid, bulking agent (magnesium stearate), biotin, ferrous sulfate, beta carotene, niacinamide, copper gluconate, anti-caking agent (silicon dioxide), d-α-tocopherol acetate, calcium D-pantothenate, pyridoxine hydrochloride, thiamin mononitrate, cholecalciferol, riboflavin, cyanocobalamin, and pteroylmonoglutamic acid.

**TRANSFER FACTOR™ PLUS TRI-FACTOR™ FORMULA CAPSULE:** 4Life Tri-Factor Formula (made from colostrum (milk) and egg yolk), inositol hexaphosphate, soy (Glycine max) bean extract, stabilizer (gelatin), zinc gluconate, Cordyceps sinensis, baker's yeast, Agaricus blazeii, aloe (Aloe barbadensis), oat (Avena sativa) seed extract, maitake mushroom (Grifola frondosa), shiitake mushroom (Lentinus edodes), anti-caking agent (magnesium stearate), and anti-caking agent (silicon dioxide).

**ANTIOXIDANT CAPSULE:** Green tea (Camellia sinensis), citrus bioflavonoids, stabilizer (gelatin), acerola (Malpighia glabra), curcumin (Curcuma longa), bulking agent (microcrystalline cellulose), grape (Vitis vinifera), pine (Pinus maritima), anti-caking agent (magnesium stearate), and anti-caking agent (silicon dioxide).

**BIOEFA™ SOFTGEL CAPSULE:** Fish oil, stabilizer (gelatin), linseed (Linum usitatissimum) oil, coating agent (glycerin), borage (Borago officinalis) seed oil, safflower (Carthamus tinctorius) seed oil, water, and preservative (tocopherol-rich extract).

**BIO EFA™  
(60 CAPSULES)**

This food supplement contains a source of omega-3 fatty acids, which contributes to the maintenance of normal blood cholesterol levels by a daily intake of 2 g of Alpha-linolenic acid <sup>[1]</sup> <sup>[2]</sup>.

Each serving contains:

- 1.030 mg of fish oil.
- 266 mg of flax seed oil.

**Ingredients:** Fish oil, gelatin, flax (*Linum usitatissimum*) seed oil, coating agent (glycerin), borage (*Borago officinalis*) seed oil, safflower (*Carthamus tinctorius*) seed oil, water, and preservative (tocopherol-rich extract).

**Directions:** Take two (2) capsules daily with 8 oz (240 ml) of fluid.



<sup>[1]</sup> EFSA Journal 2009; 7(9):1252 — <sup>[2]</sup> EFSA Journal 2011;9(6):2203



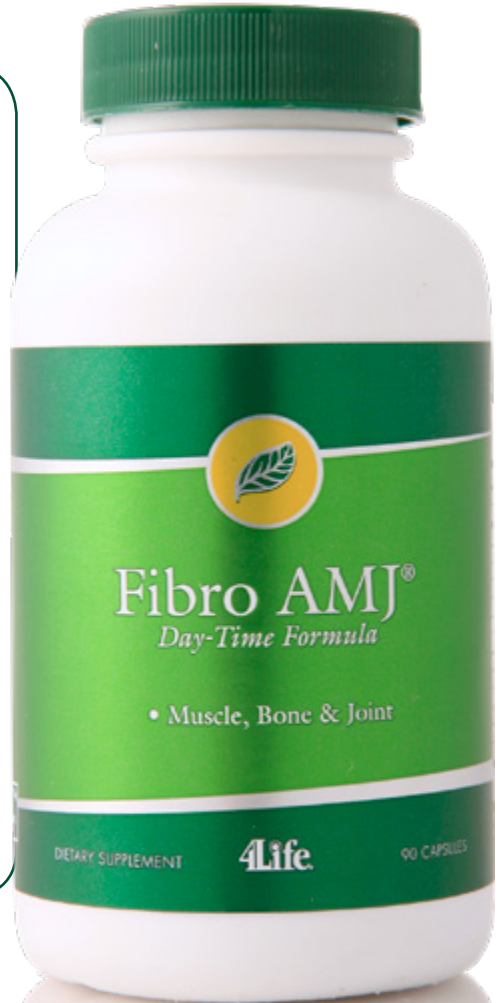
## FIBRO AMJ™ DAYTIME FORMULA (90 CAPSULES)

Fibro AMJ™ Day-Time Formula features ingredients known to enhance and support muscle and joint function. Each daily serving (one capsule) contains:

- 3,3 mg of vitamin B6, which contributes to normal protein and glycogen metabolism.<sup>[1]</sup>
- 66,7 mg of magnesium, which contributes to normal muscle function and to the maintenance of normal bones.<sup>[2]</sup>

**Ingredients:** Glucosamine hydrochloride (crab and shrimp (**crustaceans**)), acid (malic acid), magnesium oxide, coating agent (gelatine), methyl sulfonyl methane, bovine cartilage powder, peppermint (*Mentha x piperita*) leaf powder, *Boswellia serrata* gum extract, water, anti-caking agent (stearic acid), peppermint (*Mentha x piperita*), N-acetyl L-cysteine, peppermint flavour, pyridoxine hydrochloride, bromelain, grape (*Vitis vinifera*) seed extract, L-cysteine, devil's claw (*Harpagophytum procumbens*) root extract, alpha lipoic acid, and anti-caking agent (silicon dioxide).

**Directions:** Take one (1) capsule daily with 8 oz of fluid.



CAPSULES

19  
LP

<sup>[1]</sup> EFSA Journal EFSA Journal 2009; 7(9):1225 — <sup>[2]</sup> EFSA Journal 2009;7(9):1216, 2010;8(10):1807



**FIBRE SYSTEM PLUS™  
(30 PACKS)**

- Cleansing
- Digestion

Fibre System Plus™ is a ten-day cleansing program that supports healthy digestive function and regularity. Thanks to the presence of: *Plantago ovata*, *Syzygium aromaticum*, *Rhamnus purshiana*, *Zingiber officinale*, *Piper nigrum*, *Gentiana lutea*, *Ulmus rubra*, *Glycyrrhiza glabra*, *Salvia officinalis*, *Rhamnus frangula*, *Humulus lupulus*, and *Matricaria recutita*.

**Directions:** Take the contents of one packet 30 minutes before meals, three times daily for ten days.

For best results, use Fibre System Plus™ twice per year.



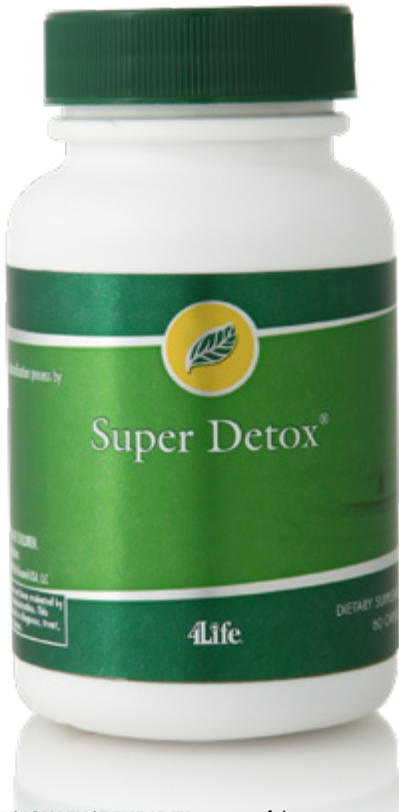
PACKETS

**30**

**20 LP**

**Ingredients:** Rice (*Oryza sativa*) bran, stabilizer (hydroxypropylmethylcellulose), psyllium (*Plantago ovata*) husk powder, cranberry (*Vaccinium macrocarpon*) fruit powder, pumpkin (*Cucurbita pepo*) seed powder, clove (*Syzygium aromaticum*) flower powder, Apple (*Malus domestica*) fruit powder, cascara sagrada (*Rhamnus purshiana*) bark powder, ginger (*Zingiber officinale*) root powder, black pepper (*Piper nigrum*) berry powder, gentian (*Gentiana lutea* L.) root powder, slippery elm (*Ulmus rubra* Muhl.) bark powder, licorice (*Glycyrrhiza glabra* L.) root powder, bromelain, papain, parsley (*Petroselinum crispum* Mill.) leaf powder, prune (*Prunus domestica*) fruit powder, sage (*Salvia officinalis* L.) leaf powder, buckthorn (*Rhamnus frangula*) bark extract, magnesium stearate, marshmallow (*Althaea officinalis* L.) root powder, hops (*Humulus lupulus* L.) flower powder, bee pollen, chamomile (*Matricaria recutita* L.) flower powder, Irish moss (*Chondrus crispus*) whole plant powder, locust (*Ceratonia siliqua*) bean powder, xanthan gum, papaya (*Carica papaya* L.) fruit powder, pineapple (*Ananas comosus*) fruit extract, and spirulina (*Arthrospira platensis*).

**WARNING:** Read and follow instructions carefully. Do not use if you have or develop diarrhea, loose stools, abdominal pain, or intestinal inflammation. Consult with your physician if you have frequent diarrhea. If you are pregnant, nursing, taking a medication, or have a medical condition, consult with your physician before using this product. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not use for more than six weeks without medical advice. KEEP OUT OF REACH OF CHILDREN.

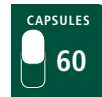


## **SUPER DETOX™ (60 CAPSULES)**

Contains plant extracts (milk thistle fruit, dandelion leaf, and artichoke leaf) that contributes to maintain **normal liver function**.

**Ingredients:** Red Clover (*Trifolium pretense* L.) flower powder, milk thistle (*Silybum marianum*) fruit extract, gelatin, dandelion (*Taraxacum officinale*) leaf extract, broccoli (*Brassica oleracea* L. Var italica Plenck) seed and leaf extract, artichoke (*Cynara scolymus* L.) leaf extract, and canola oil.

**Directions:** Take two (2) capsules twice daily with 240 ml of water.



**DID YOU KNOW THAT THE LIVER** is one of the most important organs in our body. It carries out a number of functions through the day and contributes to a good quality of life.. It's main functions include:

- **Debugging:** the liver recovers and transforms numerous toxins making them harmless before discarding them. In addition, the liver neutralizes medications once they have produced their effects to help avoid accumulation.
- **Synthesis:** the liver is involved in the metabolism of carbohydrates, lipids and proteins.
- **Storage:** the liver stores the fat-soluble vitamins (A, D, K, E). It also stores glycogen to then provide energy to the body if necessary.

**WARNING: KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place. Do not exceed the recommended daily dose. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle.

**For people with hypothyroidism or low thyroid treatment, consult your doctor.**



# 4Life Fortify™

## Nutritional Meal Pack



What could a little girl accomplish with a rich, warm meal in her belly? What could she achieve and dream? What could she grow up to be?

In many parts of the world, children don't get the nourishment they need on a daily basis. So many mothers and fathers struggle to provide the life essential of food for their children—let alone, healthy food that will give kids the vitamins and minerals they need to grow up strong. This problem is especially true of children living in orphanages. So often, there just simply isn't enough food, and kids struggle to function with a painful, empty feeling in their stomachs, often unable to concentrate in school.

Each 4Life Fortify meal pack provides 24 high-quality, child-size meals of rice, lentils, and beans, along with a complete nutritional complex of vitamins, minerals, and 4Life Transfer Factor™. It's the perfect foundation for overall wellness.

These packs are filled with the vitamins and minerals that growing kids so desperately need. Satisfied with a warm and nutrient-rich meal, a child will be able to focus on her daily chores and excelling in math, science, and geography, rather than the distraction of an empty feeling in her stomach.

Visit [www.4lifefortify.com](http://www.4lifefortify.com) to purchase 4Life Fortify and provide a child or a family with a warm and nutrient-rich meal.

# [www.4lifefortify.com](http://www.4lifefortify.com)



# Fortify a Kid or a Family

Each bag of 4Life Fortify purchased will be donated to children in need around the world with the help of our partner, Feed the Children, a third-party distribution company.

**Ingredients:** Long Grain White Rice, Lentils, Red Beans, Texturized Vegetable Protein, Dextrin, White Rice Flour, Garlic, Onions, Vitamin Premix (Calcium Carbonate, Magnesium Oxide, Potassium Chloride, Ascorbic Acid, Tocopheryl Acetate, D-Calcium Pantothenate, Niacinamide, Zinc Gluconate, Carbonyl Iron, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Manganese Sulfate, Copper Gluconate, Vitamin A Palmitate, Folic Acid, Sodium Selenite, Potassium Iodide, Biotin, Chromium Chloride, Phytonadione, Cyanocobalamin, Cholecalciferol), Green and Red Bell Peppers, Carrots, Salt, Bovine Colostrum Filtrate and Egg Yolk Concentrate, Hydrolyzed Soy and Corn Protein, Xanthan Gum, Parsley, and Flavorings.  
CONTAINS MILK, EGG, AND SOY.



 **24**  
SERVINGS

**25**  
LP

**Not for resale nor personal use.**  
For donation through Feed the Children.

\* NOTE: 4Life Fortify meal packs are not sent to Europe. 4Life Research™ offers an incentive to buy, donate, and promote 4Life Fortify meal packs. Commission is included in the price of the pack and allows distributors to invest their time and resources to encourage others to join Foundation 4Life's legacy of service. 4Life Fortify is a product created and supported by 4Life Research, a for-profit company that facilitates donations of purchased 4Life Fortify meal packs to non-profit partners such as Feed The Children. Charity partners distribute 4Life Fortify to children in need without charge or fees.

# DO YOU WANT TO RECEIVE A **FREE PRODUCT** EACH MONTH?

1

ENROLL IN OUR  
**LOYALTY PROGRAM**

<https://4life.com/loyalty>

2

ACTIVATE YOUR  
**MONTHLY ORDER**

WITH YOUR FAVORITE PRODUCTS  
FOR A MINIMUM VALUE OF 125 LP

3

RECEIVE A  
**FREE PRODUCT**  
**EACH MONTH**

AND GET CREDITS TO REDEEM  
FOR OTHER PRODUCTS

\*The bonus product of the month is selected by 4Life and will only ship with your next month's Loyalty Program order while you remain an active participant in the program. The bonus product of the month has no LP and cannot be returned or exchanged for a different product.





# WWW.4LIFE.COM

Country	email	Phone*	Schedule**	Language(s)***
Austria	austria@4life.com	0800 802 959	9-19 hrs.	German - English
Belgium	belgium@4life.com	080026124	9-19 hrs.	English - French
Bulgaria	bulgaria@4life.com	080030019	10-20 hrs.	English - Russian
Croatia	croatia@4life.com	0800200447	9-19 hrs.	English
Czech Republic	czechrepublic@4life.com	800088481	9-19 hrs.	English - Russian
Denmark	denmark@4life.com	80820234	9-19 hrs.	English
Estonia	estonia@4life.com	8000049097	10-20 hrs.	English - Russian
Finland	finland@4life.com	0800102179	10-20 hrs.	English
France	france@4life.com	0805088790	9-19 hrs.	French - English - Spanish
Germany	germany@4life.com	08000004378	9-19 hrs.	German - English Spanish - Russian
Greece	greece@4life.com	8008481223	10-20 hrs.	English
Hungary	hungary@4life.com	0680088108	9-19 hrs.	English
Ireland	ireland@4life.com	1800817396	8-18 hrs.	English
Italy	italy@4life.com	800137003	9-19 hrs.	Italian-Spanish
Latvia	latvia@4life.com	80005426	10-20 hrs.	Russian - English
Lithuania	lithuania@4life.com	8 800 00 312	10-20 hrs.	Russian - English
Luxembourg	luxembourg@4life.com	80080926	9-19 hrs.	English
Netherlands	netherlands@4life.com	08005802527	9-19 hrs.	English
Norway	norway@4life.com	80024894	9-19 hrs.	English
Poland	poland@4life.com	800012038	9-19 hrs.	Polish - English
Portugal	portugal@4life.com	800789880	8-18 hrs.	Portuguese-Spanish
Romania	romania@4life.com	0800896475	10-20 hrs.	English
Slovakia	slovakia@4life.com	0800601016	9-19 hrs.	English - Russian
Slovenia	slovenia@4life.com	080488843	9-19 hrs.	English - Russian
Spain	espana@4life.com	900111904	9-19 hrs.	Spanish
Sweden	sweden@4life.com	020888519	9-19 hrs.	English
Switzerland	switzerland@4life.com	0800002003	9-19 hrs.	English - Spanish - German
United Kingdom	unitedkingdom@4life.com	08000988676	8-18 hrs.	English - Spanish

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\* Each country now has its own phone number. It is valid for local calls, if you are in UK, you must call the UK number. Therefore, the numbers listed here are not for international calls i.e., if you are in UK and dial the Spanish number your call won't be answered.

\*\* Business Hours here displayed are according to each country local time.

\*\*\* Language(s) in which service is provided to each country.





**PRO-TF**  
YOUR TOTAL PROTEIN INFUSION

For more information about 4Life products or 4Life business opportunity, please contact:



4LIFE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

4Life Research USA, LLC., sells certain products to Distributors, Demonstrators, and Customers within the European Union that are not available for resale in some countries. These products are for personal consumption or the personal consumption of those in your household only and are "Not-For-Resale", distribution, or any other commercial purpose. 4Life limits the number of "Not-For-Resale" products that can be ordered at one time to an amount reasonably deemed by 4Life to be that which the individuals in your household can consume within a three month period. Failure to abide by these rules may result in the termination of your privilege to purchase "Not-For-Resale" products for personal use.