

4Life®



4LIFE TRANSFER FACTOR

PRODUCT CATALOG

U.S. VERSION



The Immune System Company™



In 1998, Founders David and Bianca Lisonbee embarked on a journey to bring phenomenal 4Life Transfer Factor® products to the world. Unlike common supplements you find in health food stores, transfer factors aren't vitamins, minerals, or herbs. Instead, they're messenger molecules that transfer immune memory and knowledge from one entity to another.*

The introduction of 4Life Transfer Factor opened the door for further research, patented techniques, and a new category of immune system products that support health in a different way—by the immune system, for the immune system. Our in-house Research and Development team and Health Sciences Advisory Board (HSAB), comprised of scientists and medical professionals, continually raise the standard for modern-day immune system supplementation and ensure the cutting-edge quality of our products.*

Because of our deep commitment to quality, excellence, and scientific innovation, we certify every 4Life Transfer Factor product we sell. In our state-of-the-art, million-dollar testing lab, we conduct at least 20 tests per product to ensure identity, purity, strength, and composition. Many products undergo additional, rigorous quality-assurance tests before being released for distribution.

Our products are the foundation and heart of our business. We strive to create products that meet and exceed the highest standards, so you can feel confident incorporating them into your health routine and sharing them with your friends and loved ones.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**



Transfer factors are messenger molecules that transfer immune system information from one source to another.*

Content

IMMUNE SYSTEM

RiteStart Men and RiteStart Women	30
RiteStart Kids & Teens	31
4Life Transfer Factor Plus Tri-Factor Formula	10
4Life Transfer Factor Tri-Factor Formula	11
Pre/o Biotics	34
4Life Transfer Factor RioVida Tri-Factor Formula	26
4Life Transfer Factor RioVida Burst Tri-Factor Formula	26
4Life Transfer Factor RioVida Chews Tri-Factor Formula	27
4Life Transfer Factor RioVida Stix Tri-Factor Formula	27
4Life Transfer Factor Chewable Tri-Factor Formula	13
4Life Essential Oils TForce	66
Renuvo	43
PRO-TF	42
Zinc Factor	51
4Life Transfer Factor Classic	13
4Life Transfer Factor Classic Chewable	13
4Life NanoFactor Glutamine Prime	22
4Life Transfer Factor Immune Spray	15

ANTIOXIDANT SUPPORT

4Life Transfer Factor RioVida Tri-Factor Formula	26
4Life Transfer Factor RioVida Burst Tri-Factor Formula	26
4Life Transfer Factor RioVida Chews Tri-Factor Formula	27
4Life Transfer Factor RioVida Stix Tri-Factor Formula	27
RiteStart Men and RiteStart Women	30

Renuvo	43
PBGS+	81
Choice 50	75
Life C	79

BRAIN HEALTH

4Life Transfer Factor ReCall	18
4Life Transfer Factor Reflexion	22
BioEFA with CLA	74

CLEANSING & DETOX

Fibre System Plus	36
Super Detox	37
Tea4Life	37

DENTAL HEALTH

enummi Toothpaste	62
-------------------	----

DIGESTIVE HEALTH

Pre/o Biotics	34
Digestive Enzymes	38
Aloe Vera	36
Fibre System Plus	36
Super Detox	37
Tea4Life	37
4Life Essential Oils Digestive Blend	66
Digest4Life Reset System	35

ENERGY

Energy Go Stix	48
----------------	----

ESSENTIAL OILS

4Life Essential Oils Brisa	69
4Life Essential Oils CalmaVida	67
4Life Essential Oils Carrier Oil	69
4Life Essential Oils CoolTouch	69
4Life Essential Oils Digestive Blend	66
4Life Essential Oils Lemon	68
4Life Essential Oils Peppermint	68
4Life Essential Oils SweetShape	67
4Life Essential Oils TForce	66
4Life Essential Oils Ultrasonic Diffuser	70
4Life Essential Oils Kit	70

EYE HEALTH

4Life Transfer Factor Vista	21
-----------------------------	----

FEMALE HEALTH

4Life Transfer Factor Belle Vie	20
4Life Transform Woman	44
RiteStart Women	30
BioGenistein Ultra	74
FemRite	77

GLUCOSE METABOLISM

4Life Transfer Factor GluCoach	19
Gurmar	78

HEALTHY AGING

Renuvo	43
4Life Transfer Factor Collagen	18
RiteStart Men and RiteStart Women	30

PRO-TF	42
4LifeTransform Man	44
4LifeTransform Woman	44
4Life Transfer Factor RioVida Tri-Factor Formula	26
4Life Transfer Factor RioVida Burst Tri-Factor Formula	26
4Life Transfer Factor RioVida Stix Tri-Factor Formula	27
4Life Transfer Factor RioVida Chews Tri-Factor Formula	27

HEART HEALTH

4Life Transfer Factor Cardio	19
RiteStart Men and RiteStart Women	30
BioEFA with CLA	74

MALE HEALTH

4Life Transfer Factor MalePro	21
4LifeTransform Man	44
RiteStart Men	30

MULTIVITAMIN & MINERAL

RiteStart Men and RiteStart Women	30
RiteStart Kids & Teens	31
Multiplex	80
Life C	79

MUSCLE, BONE, & JOINT HEALTH

Flex4Life capsules	77
Flex4Life cream	78
4Life Transfer Factor Collagen	18
Fibro AMJ Day-Time Formula	76
RiteStart Men and RiteStart Women	30
PRO-TF	42

CM Super	76
MusculoSkeletal Formula	80
SleepRite AMJ	81

OVERALL WELLNESS

RiteStart Men and RiteStart Women	30
Renuvo	43
4Life Transfer Factor Plus Tri-Factor Formula	10
4Life Transfer Factor Tri-Factor Formula	11
4Life Transfer Factor RioVida Tri-Factor Formula	26
4Life Transfer Factor RioVida Burst Tri-Factor Formula	26
4Life Transfer Factor RioVida Stix Tri-Factor Formula	27
4Life Transfer Factor Chewable Tri-Factor Formula	13
4Life Transfer Factor Classic	13
RiteStart Kids & Teens	31
4Life NanoFactor Glutamine Prime	22
Bountiful Harvest Plus	75
Multiplex	80
4Life Fortify	82

SKIN HEALTH & BEAUTY

äKwä First Wave Oil-to-Foam Cleanser	54
äKwä Ripple Refine Eye Cream	56
äKwä Glacier Glow Four-Way Toner	55
äKwä LavaPure Volcanic Mud Mask	54
äKwä Precious Pool Vitamin Essence	55
äKwä Royal Bath Sheet Mask	56
äKwä RainBurst Moisture Cream	56
äKwä skincare system	57
4Life Transfer Factor Collagen	18
enummi Intensive Body Lotion	62

1949 a scientist made a startling discovery that would change immune system science forever.

enummi Spa Body Butter	60
enummi Spa Mud Mask	60
enummi Spa Cooling Massage Gel	61
enummi Spa Body Scrub	61
enummi Spa Foot Treatment Crème	60
4Life Transfer Factor RenewAll	15
enummi Shampoo	63
enummi Conditioner	63
enummi Body Wash	63

SLEEP, MOOD, & STRESS

4Life Transfer Factor Reflexion	22
SleepRite AMJ	81
Stress Formula	82
Inner Sun	79

URINARY HEALTH

4Life Transfer Factor KBU	20
---------------------------	----

WEIGHT MANAGEMENT

4LifeTransform 30-Day Accelerator System	45
4LifeTransform Burn	43
PRO-TF	42
4Life Essential Oils SweetShape	67
NutraStart	31
ShapeRite	43

Six Steps For Your Wellness Journey



1. EAT RIGHT AND TAKE SUPPLEMENTS

The foundation to wellness is a healthy diet and quality supplements. Get plenty of protein, fruits, and vegetables to enjoy healthy energy levels and a vibrant immune system.

Possible 4Life solutions:

Take 4Life Transfer Factor core products to boost your immune system!*

2. LOVE YOUR GUTS

Gut health impacts many different areas of health, including the immune system, weight, cognition, and mood. Love your guts by consuming a plant-based diet, drinking plenty of water, and limiting your dairy intake.

Possible 4Life solutions:

Pre/o Biotics optimizes healthy gut bacteria with five strains of probiotics, three types of prebiotics, and the power of 4Life Transfer Factor. Try the Digest4Life Reset System: a six-product supplementation program that helps you cleanse, detox, and replenish your digestive system.*

3. GET MOVING

Exercise can impact your physical and emotional health in big ways. Pump it up to build muscle strength and elevate your heart rate to keep your body strong.

Possible 4Life solutions:

Incorporate PRO-TF before and after workouts and take Renuvo for recovery. Plus, Energy Go Stix provides a great burst of energy!*

4. TAKE CARE OF YOU

Before you can care for anyone else, you have to take care of yourself! Take time to step away from the daily stressors of life so you can better handle everything thrown your way.

Possible 4Life solutions:

Take 4Life Transfer Factor Reflexion to better handle occasional stress.* Indulge in at-home spa relaxation with enummi Spa body products. Transform the appearance of your skin with the nature-inspired, moisture-rich äKwä formulas.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

5. GET PLENTY OF SLEEP

When you feel rested and relaxed, all your body systems are more balanced. When you budget enough time for sleep and use strategies to eliminate stress, your body and mind will benefit.

Possible 4Life solutions:

SleepRite AMJ promotes rejuvenating sleep, which can help you feel more rested during the day.*
Diffuse 4Life Essential Oils CalmaVida before bedtime to relax.

6. MAINTAIN STRONG RELATIONSHIPS

Having strong relationships with the ones you love ensures that you have a good support system in place.

Possible 4Life solutions:

4LifeTransform Man and 4LifeTransform Woman target brain and body systems for enhanced intimacy.*

A romantic silhouette of a man and a woman embracing on a beach at sunset. The sun is low on the horizon, creating a warm, golden glow that reflects on the water and the wet sand. The couple is in the foreground, their forms dark against the bright background. The man is on the left, and the woman is on the right, leaning into him. The overall mood is peaceful and intimate.

Balance Is the Ultimate Goal.

4Life Transfer Factor Immune System Science Innovation*

When you feel healthy, you can live your best possible life. You need a smart and vigilant immune system to help you fight back against the threats you face each day. That's why millions of people around the world have chosen to take 4Life Transfer Factor products.*

Discover three ways to Raise Your Immune I.Q.® with key 4Life Transfer Factor products that ramp up, amp up, and blast off immune system effectiveness.*



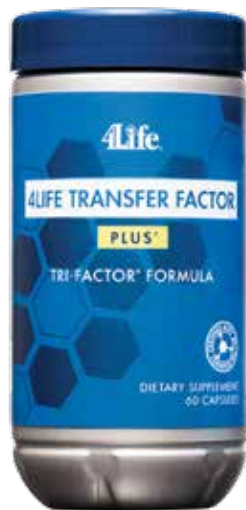
“Transfer factors are a remarkable aspect of nature’s wisdom. They help your immune system recognize, respond to, and remember potential health threats.”*

– David Lisonbee
Founder & Chairman of the Board



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Our Highest Level Of Immune System Support*



4Life® Transfer Factor Plus®

Tri-Factor® Formula

PRIMARY SUPPORT: Immune System, Overall Wellness*

Certified 4Life Transfer Factor and additional ingredients to blast off immune system response*

- Supports the immune system's natural ability to recognize, respond to, and remember potential health threats*
- Supports four key immune cell types: Natural Killer (NK) cells, T cells, B cells, and Macrophages*
- Includes Cordyvant™, a proprietary blend of ingredients such as maitake mushrooms, shiitake mushrooms, cordyceps, and baker's yeast
- Includes zinc for immune system support*
- Includes UltraFactor™, OvoFactor®, and NanoFactor®—Tri-Factor® Formula

	Item#
60 capsules	24075
60 vegetable capsules	24077

**4Life Transfer Factor®
Tri-Factor® Formula**

PRIMARY SUPPORT: Immune System,
Overall Wellness*

Product to amp up immune system response*

- Supports the immune system's natural ability to recognize, respond to, and remember potential health threats*
- Supports three key immune cell types: NK cells, T cells, and B cells*
- Contains 600 mg of 4Life Transfer Factor per serving
- Includes UltraFactor, OvoFactor, and NanoFactor—Tri-Factor Formula

60 capsules
60 vegetable capsules

Item#
24070
24072



Powerful
Product To
Boost Or
Balance;
Whatever
Your
Immune
System
Needs*

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Which 4Life Transfer Factor product is right for me?

The immune system is a complex network of cells with different functions. Recent independent laboratory studies show that core 4Life Transfer Factor products bolster NK cell activity in the presence of a health threat, while activating a variety of other immune system cells, such as: B cells, T cells, and Macrophages.[†] Discover the unique benefits and qualities of our core 4Life Transfer Factor products and how they support the body's cellular defenses.*



4Life Transfer Factor® Classic

Immune cell coverage: 1 type

■ NK cells

Our Classic formula provides foundational immune system support from UltraFactor™ and is a great introductory immune system product.*

CORE INGREDIENTS: UltraFactor from cow colostrum



Serving size: three capsules



4Life Transfer Factor® Tri-Factor® Formula

Immune cell coverage: 3 types

■ NK cells ■ T cells ■ B cells

Tri-Factor Formula combines Classic with OvoFactor® for more broad-based immune system support. NanoFactor® mini-molecules also assist in immune response coordination.*

CORE INGREDIENTS: UltraFactor and NanoFactor from cow colostrum and OvoFactor from chicken egg yolks



Patent protected: ✓

Serving size: two capsules



4Life Transfer Factor® Chewable Tri-Factor® Formula

Immune cell coverage: 3 types

■ NK cells ■ T cells ■ B cells

Tri-Factor Formula combines Classic with OvoFactor for more broad-based immune system support. NanoFactor mini-molecules also assist in immune response coordination. Plus, it comes in a delicious chewable and is safe for ages 4 and up!*

CORE INGREDIENTS: UltraFactor and NanoFactor from cow colostrum and OvoFactor from chicken egg yolks



Patent protected: ✓

Serving size: three tablets



4Life® Transfer Factor Plus® Tri-Factor® Formula

Immune cell coverage: 4 types

■ NK cells ■ T cells

■ B cells ■ Macrophages

Transfer Factor Plus is our premier, cutting-edge immune system support product. It has all the benefits of Tri-Factor, the added support of Cordyvant™, a super-mushroom blend, and zinc.*

CORE INGREDIENTS: UltraFactor and NanoFactor from cow colostrum, OvoFactor from chicken egg yolks, and Cordyvant, a super-mushroom blend



Added ingredients: zinc

Patent protected: ✓

Serving Size: two capsules



*P. Vieira-Brock, A. Anderson, B. Vaughan, and D. Vollmer. 2019. Method development for the analysis of PBMC-mediated killing of K562 cells by bovine colostrum and various fractions. Immunology 2019.

†Vetvicka V, Vetvickova J [2019] J Nutr Health Sci 6(3): 301 †Vetvicka V, Fernandez-Botran R [2020] Int Clin Pathol J. 8(1):1



4Life Transfer Factor® Chewable Tri-Factor® Formula

PRIMARY SUPPORT: Immune System,
Overall Wellness*

**A great-tasting, chewable citrus cream tablet to
amp up immune system response***

- Supports the immune system's natural ability to recognize, respond to, and remember potential health threats*
- Has a great citrus cream flavor
- Includes UltraFactor, OvoFactor, and NanoFactor—Tri-Factor Formula

90 tablets	Item# 24042
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4Life Transfer Factor® Classic

PRIMARY SUPPORT: Immune System,
Overall Wellness*

**Product to ramp up your immune system at its
foundational level***

- Supports the immune system's natural ability to recognize, respond to, and remember potential health threats*
- Supports NK cells—a key immune cell type*
- Contains UltraFactor from cow colostrum

90 capsules	Item# 24080
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4Life Transfer Factor® Classic Chewable

PRIMARY SUPPORT: Immune System,
Overall Wellness*

**Delicious chewable tablets that support the
immune system at its foundational level***

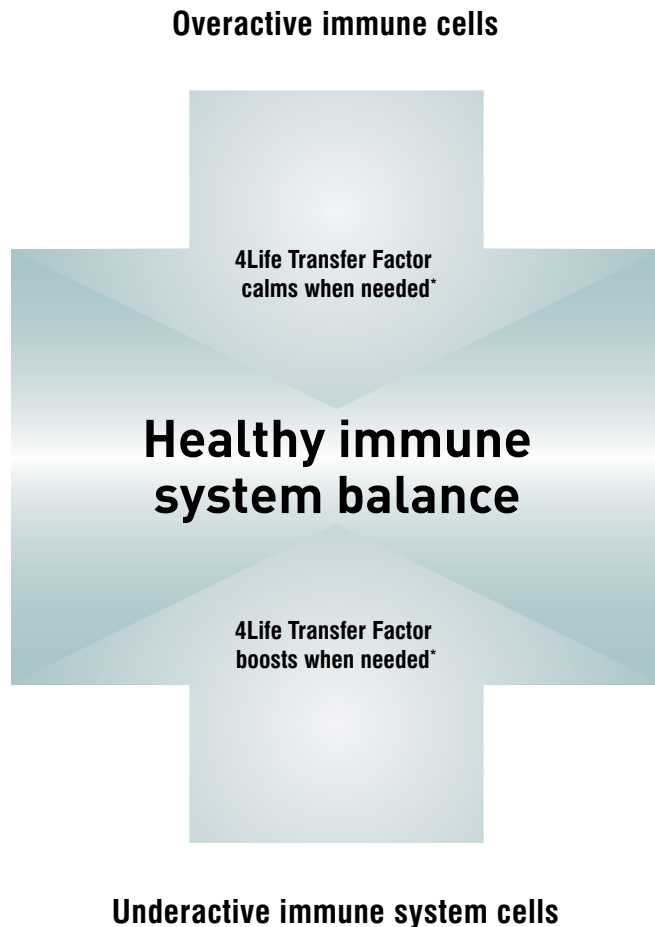
- Supports the immune system's natural ability to recognize, respond to, and remember potential health threats*
- Supports NK cells—a key immune cell type*
- Has a great citrus cream flavor
- Contains UltraFactor from cow colostrum

90 tablets	Item# 24033
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4Life Transfer Factor Modulates Immune System Response*

In a scientific study, 4Life Tri-Factor Formula was shown to help modulate helper T cell activity, helping to balance the immune system.*





4Life Transfer Factor® Immune Spray

PRIMARY SUPPORT: Immune System*

Mouth dietary supplement spray that combines UltraFactor and NanoFactor with colloidal silver, zinc, and more*

- Supports the immune system's natural ability to recognize, respond to, and remember potential health threats*
- Includes aloe vera and marshmallow
- Is available in fresh mint and orange flavors
- Contains certified 4Life Transfer Factor with UltraFactor

	Item#
Mint (1.7 fl oz bottle)	24046
Orange (1.7 fl oz bottle)	24044



4Life Transfer Factor™ RenewAll™

SOOTHING SKIN GEL

- Contains 4Life Transfer Factor™
- Includes aloe vera, rosemary, chamomile, and lavender

	Item#
2 fl oz tube	25041

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Targeted Transfer Factor Focused Support For Your Body's Needs*



Targeted Transfer Factor products combine the immune system benefits of 4Life Transfer Factor with system-specific nutrients to provide a focused and personal level of health support.*







4Life Transfer Factor® Collagen

PRIMARY SUPPORT: Healthy Aging, Skin Health & Beauty, Muscle, Bone, & Joint Health*

SECONDARY SUPPORT: Immune System, Antioxidant*

Formula that features five types of collagen, 4Life Tri-Factor Formula, Vitamins A, C, and E, biotin, and our Age-Defying Plant Complex*

- Provides total-body, healthy aging support with a refreshing strawberry-mango flavor*
- Helps replenish collagen levels to support healthy joints, muscles, and skin*
- Supports immune system function with 4Life Transfer Factor*
- Improves skin moisture and elasticity*
- Provides a dermatologist-tested formula

15 strawberry-mango packets	Item# 25404
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4Life Transfer Factor® Recall®

PRIMARY SUPPORT: Brain Health*

SECONDARY SUPPORT: Immune System, Healthy Aging*

Targeted brain support for optimal mental functioning*

- Features certified 4Life Transfer Factor to educate immune cells*
- Promotes healthy brain function with blood circulation support*
- Contains ingredients to support memory, brain health, like *Huperzia serrata*, *Bacopa monnieri*, and *Ginkgo biloba**

90 capsules	Item# 22003
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4Life Transfer Factor® Cardio

PRIMARY SUPPORT: Heart Health*

SECONDARY SUPPORT: Immune System, Antioxidant*

A heart-healthy combo of 4Life Transfer Factor and over 18 vitamins, minerals, and antioxidants*

- Features certified 4Life Transfer Factor to help educate immune system cells*
- Provides support for a healthy heart and proper cardiovascular function*
- Supports healthy cholesterol levels already in the normal range*
- Contains a proprietary blend of coenzyme Q-10, *Ginkgo biloba*, garlic, red rice yeast extract, and ginger

120 capsules	Item# 21002
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4Life Transfer Factor® Glucoach®

PRIMARY SUPPORT: Glucose Metabolism*

SECONDARY SUPPORT: Immune System, Antioxidant*

Targeted support for the endocrine and metabolic systems*

- Includes certified 4Life Transfer Factor to educate immune system cells*
- Includes minerals, herbs, and phytonutrients to support healthy glucose levels and promote pancreatic health*

120 capsules	Item# 29001
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4Life Transfer Factor® Belle Vie®

PRIMARY SUPPORT: Female Health*

SECONDARY SUPPORT: Immune System, Antioxidant, Healthy Aging*

Targeted support for female reproductive and breast health*

- Features certified 4Life Transfer Factor to educate immune cells*
- Includes a blend of herbal antioxidants, phytoestrogens, indoles, and calcium d-Glucarate to support female endocrine health*
- Promotes overall feminine reproductive health*

60 capsules

Item#
22535



4Life Transfer Factor® KBU®

PRIMARY SUPPORT: Urinary Health*

SECONDARY SUPPORT: Immune System, Antioxidant, Cleansing & Detox*

A targeted formula for both men and women to support the urinary tract, the kidneys, and the bladder*

- Features certified 4Life Transfer Factor to educate immune cells*
- Supports the bladder with cleansing ingredients like dandelion, chanca piedra, varuna, and mannose*
- Supports healthy kidney and urinary tract function with cranberry, IP-6, dandelion, chanca piedra, and varuna*

120 capsules

Item#
25501



4Life Transfer Factor Vista®

PRIMARY SUPPORT: Eye Health*

SECONDARY SUPPORT: Immune System, Antioxidant*

Targeted support for optimal vision performance and eye health*

- Helps maintain visual acuity and sharpness*
- Includes ingredients to help reduce the oxidative effects of the sun and excessive blue light exposure on the macula of the eyes*
- Promotes healthy eye function*
- Supports the ability to adapt to varying light conditions*
- Provides synergistic wellness support when taken with BioEFA with CLA*

60 capsules

Item#
29501



4Life Transfer Factor® MalePro®

PRIMARY SUPPORT: Male Health*

SECONDARY SUPPORT: Immune System, Antioxidant*

Targeted support for optimal prostate health*

- Features certified 4Life Transfer Factor to support the immune system at the cellular level*
- Includes saw palmetto, lycopene, isoflavones, broccoli extract, and antioxidants to support prostate health*

90 soft gels

Item#
22562

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4Life® NanoFactor® Glutamine Prime®

PRIMARY SUPPORT: Immune System, Overall Wellness*

SECONDARY SUPPORT: Energy, Antioxidant, Digestive Health*

Energy source that helps fuel immune system cell activity and provides the building blocks of glutathione, an important antioxidant*

- Supplies fuel to immune system cells with the important amino acid glutamine*
- Features NanoFactor to educate immune cells*
- Provides synergistic immune system support when taken with any 4Life Transfer Factor product*

120 capsules

Item#
24087



4Life Transfer Factor Reflexion®

PRIMARY SUPPORT: Sleep, Mood & Stress, Brain Health*

SECONDARY SUPPORT: Immune System*

A proprietary blend that promotes relaxation, improved mood, and the ability to focus during occasional stress*

- Enhances your ability to cope with the daily stresses of life*
- Promotes relaxation, a positive mood, and the ability to focus*
- Supports the immune system's ability to function properly in times of occasional stress*
- Improves cognitive function*

60 capsules

Item#
22005

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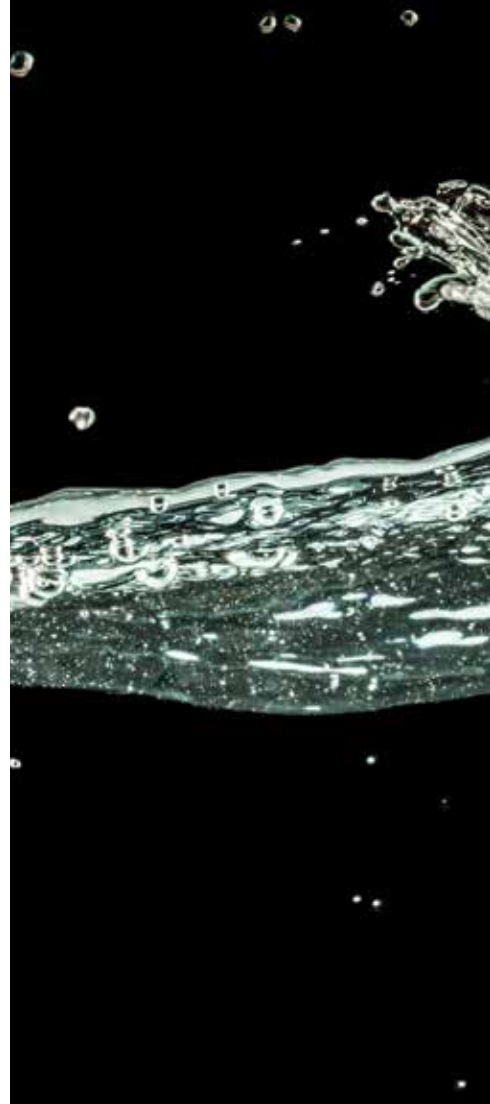
A man with a beard and sunglasses is riding a bicycle on a sandy beach. He is wearing a light blue button-down shirt over a white t-shirt and dark shorts. The background shows the ocean with waves and a clear blue sky. The scene is brightly lit, suggesting a sunny day.

THIS IS YOUR MOMENT.
CHANGE YOUR LIFE
FOR THE BETTER.

RioVida[®] Energizing Antioxidants*



RioVida products feature a rush of mouth-watering ingredients, including antioxidant-rich superfruits and the power of 4Life Transfer Factor. These products are delicious, refreshing, energizing, and potent. Ride the river of life with RioVida!*





4Life

4LIFE TRANSFER FACTOR
Tri-Factor Formula

riovida

4LIFE TRI-FACTOR FORMULA

LIQUID BLENDED SUPPLEMENT
16.9 FL. OZ. (483 ml)

4Life Transfer Factor® RioVida® Tri-Factor® Formula

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Overall Wellness*

SECONDARY SUPPORT: Brain Health, Heart Health, Energy*

The one-and-only liquid dietary supplement that combines 4Life Transfer Factor with antioxidant-rich superfruits*

- Supports the immune system's natural ability to recognize, respond to, and remember potential health threats with 600 mg of 4Life Transfer Factor per 1 fl oz serving*
- Includes a proprietary combination of antioxidant-rich natural fruit juices, including açai, pomegranate, blueberry, and elderberry*
- Contains essential and supporting Vitamin C, amino acids, fatty acids, and polyphenols*
- Includes UltraFactor, OvoFactor, and NanoFactor—Tri-Factor Formula

1—16.9 fl oz bottle
2—16.9 fl oz bottles

Item#
24104
24105



4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Overall Wellness*

SECONDARY SUPPORT: Brain Health, Heart Health, Energy*

The immune system goodness of RioVida, conveniently packaged in a smooth and delicious edible gel blend*

- Provides a delicious, on-the-go source of essential and supporting Vitamin C, amino acids, fatty acids, and trace minerals*
- Contains certified 4Life Transfer Factor and a proprietary combination of antioxidant-rich natural fruits, including açai, pomegranate, blueberry, and elderberry*
- Is portable and easy to share
- Includes UltraFactor, OvoFactor, and NanoFactor—Tri-Factor Formula
- Safe for ages 4 and up

15 gel packs

Item#
24110





**4Life Transfer Factor®
RioVida® Chews Tri-Factor® Formula**

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Overall Wellness*

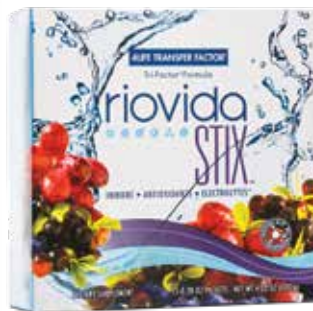
SECONDARY SUPPORT: Brain Health, Heart Health, Energy*

The immune system support of RioVida in a delicious, convenient chew*

- Provides immune system and antioxidant benefits*
- Has a delicious berry flavor
- Comes in convenient, individually wrapped chews that are safe for children ages 4 and up*
- Includes Vitamin C for an extra immune system boost*
- Contains certified 4Life Transfer Factor to Raise Your Immune I.Q.®**

30 individually wrapped chews

Item#
24118



**4Life Transfer Factor®
RioVida Stix® Tri-Factor® Formula**

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Overall Wellness*

SECONDARY SUPPORT: Brain Health, Heart Health, Energy*

The immune system goodness of RioVida in a portable powder pack*

- Supports the immune system with 600 mg of 4Life Transfer Factor per serving*
- Delivers essential antioxidants from açai, pomegranate, and blueberry*
- Replenishes electrolytes to support nerve and muscle function*
- Is portable and easy to share
- Contains no artificial sweeteners, flavors, or preservatives
- Includes UltraFactor, OvoFactor, and NanoFactor—Tri-Factor Formula

15 portable powder packs

Item#
24113

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RiteStart[®]

Beyond Everyday Nutrition*

RiteStart products contain essential vitamin and mineral building blocks for good nutrition plus 4Life Transfer Factor. Named for the exact purpose they provide—a right start for your day, for your health, and for your life—RiteStart products help you look and feel great.*

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RiteStart® Women

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Heart Health, Female Health, Multivitamin & Mineral, Muscle, Bone, & Joint Health, Overall Wellness*

SECONDARY SUPPORT: Brain Health, Energy, Eye Health, Skin Health & Beauty*

Twice-daily supplement packets for women

TAKE RITESTART WOMEN EVERY DAY FOR:

- Immune system support from 4Life Transfer Factor Plus Tri-Factor Formula*
- Specific female system support*
- Joint and bone health support*
- Skin health support*
- A unique blend of antioxidants*
- Cardiovascular and circulatory support*
- Support for healthy hormonal balance*
- Vision and eye health support*

	Item#
30 packets	27019
2-packs	27020
1 Women, 1 Men	26541



RiteStart® Men

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Heart Health, Male Health, Multivitamin & Mineral, Muscle, Bone, & Joint Health, Overall Wellness*

SECONDARY SUPPORT: Brain Health, Energy, Eye Health, Skin Health & Beauty*

Twice-daily supplement packets for men

TAKE RITESTART MEN EVERY DAY FOR:

- Immune system support from 4Life Transfer Factor Plus Tri-Factor Formula*
- Specific male system support*
- Joint and bone health support*
- Skin health support*
- A unique blend of antioxidants*
- Cardiovascular and circulatory support*
- Vision and eye health support*

	Item#
30 packets	26538
2-packs	26539
1 Women, 1 Men	26541



RiteStart® Kids & Teens

PRIMARY SUPPORT: Immune System, Multivitamin & Mineral, Overall Wellness*

SECONDARY SUPPORT: Energy, Muscle, Bone, & Joint Health, Skin Health & Beauty*

Great for kids and teens ages 2–18

TAKE RITESTART KIDS & TEENS EVERY DAY FOR:

- 300 to 600 mg of 4Life Transfer Factor Tri-Factor Formula
- Immune system support to help your body recognize, respond to, and remember potential health threats*
- 22 essential vitamins and minerals for growing bodies*
- Support for strong bones*
- Vitamin B for healthy brain function*
- Healthy vision, muscle function, and skin support*
- Antioxidant support*
- Vitamins A, C, and E*

Available in 120-count bottle of chewable tablets in assorted citrus cream and sour apple flavors. Suggested serving is two (2) or four (4) chewable tablets daily, depending on age.

120 tablets

Item#
24089



NutraStart®

PRIMARY SUPPORT: Weight Management*

SECONDARY SUPPORT: Immune Support*

DELICIOUS MEAL REPLACEMENT DRINK

- Provides a great meal on the go
- Provides balanced nutrition with whey and soy protein, vitamins, minerals, and dietary fiber*
- Includes 4Life Transfer Factor
- Is available in vanilla and chocolate

Vanilla (15-serving canister)
Chocolate (15-serving canister)

Item#
28085
28087

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Digest4Life[®]

Premier Digestive Support*

Digest4Life is 4Life's premier digestive health line that features exclusive and effective products powered by 4Life Transfer Factor.*







Pre/o Biotics®

PRIMARY SUPPORT: Digestive Health, Immune System*

The only prebiotic/probiotic product in the world with 4Life Transfer Factor*

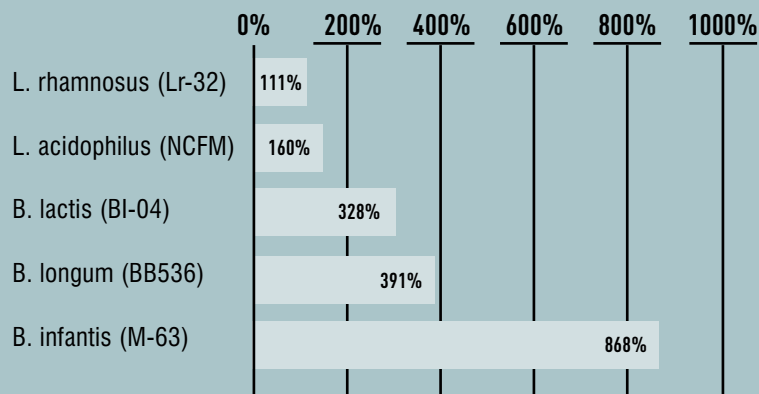
- Optimizes healthy gut bacteria growth with our exclusive microbeadlet delivery*
- Increases the amount and longevity of beneficial gut flora by up to 1,000 times over standard delivery*
- Supports healthy immune system function*
- Requires no refrigeration

15 stick packs

Item#
23020

4Life Transfer Factor® Acts as a Prebiotic by Boosting the Growth of Probiotics*

4Life® Tri-Factor® Formula



An independent, university study assessed the potential benefit of Tri-Factor Formula in Pre/o Biotics. This in-vitro study measured probiotic growth in the presence or absence of Tri-Factor Formula in comparison to common prebiotics. Results revealed that Tri-Factor Formula enhances Pre/o Biotics by stimulating probiotic growth. These data suggest that Tri-Factor Formula has prebiotic effects and enhances the benefits of the other ingredients in Pre/o Biotics. [Weber State University, 2018, unpublished data].

Use the Digest4Life Reset System twice a year to cleanse, detox, and replenish your digestive system!*



Digest4Life® Reset System

PRIMARY SUPPORT: Digestive Health*

SECONDARY SUPPORT: Immune System*

2 Pre/o Biotics

1 4Life Transfer Factor Tri-Factor Formula

1 Fibre System Plus

1 Super Detox

1 Digestive Enzymes

1 Aloe Vera

1 QuickStart Guidebook

- Cleans and purifies a clogged gastrointestinal tract*
- Nourishes liver function, supporting its role in the digestive process*
- Soothes and supports the gastrointestinal tract*
- Optimizes healthy gut bacteria growth with our exclusive microbeadlet delivery*
- Increases the amount and longevity of beneficial gut flora by up to 1,000 times over standard delivery*
- Supports healthy immune system function and digestive health with the power of 4Life Transfer Factor*

	Item#
Digest4Life Reset System	53996

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Aloe Vera

PRIMARY SUPPORT: Digestive Health*

SECONDARY SUPPORT: Immune System, Overall Wellness*

Concentrated aloe vera juice for digestive health support*

- Naturally includes electrolytes to aid recovery from intestinal cleanses and detox diets*
- Promotes healthy gastrointestinal function*
- Soothes the gastrointestinal tract*
- Promotes healthy immune system function*

16 fl oz bottle

Item#
8000



Fibre System Plus™

PRIMARY SUPPORT: Cleansing & Detox, Digestive Health*

SECONDARY SUPPORT: Weight Management*

A ten-day gastrointestinal cleanse*

- Contains more than 20 herbal ingredients to provide thorough, comfortable intestinal cleansing and purification*
- Provides an excellent gastrointestinal cleanse to start any nutritional regimen*
- Contains key ingredients such as cascara sagrada, frangula, prunes, pineapple, papain, and bromelain

30 packets

Item#
7190



Super Detox®

PRIMARY SUPPORT: Cleansing & Detox, Digestive Health*

Support for healthy liver function*

- Includes milk thistle, known to support healthy liver function*
- Contains red clover and artichoke to aid in detoxification and liver strength*
- Provides antioxidant support through n-acetyl-L-cysteine*

60 tablets	Item# 23015
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Tea4Life®

PRIMARY SUPPORT: Cleansing & Detox, Digestive Health*

Natural cleansing tea for intestinal maintenance and regularity*

- Features senna leaf and other herbs to support colon health*
- Provides an herbal alternative for healthy digestive cleansing*
- Boasts a tasty apple-cinnamon flavor with no artificial colors, flavors, or sweeteners

30 tea bags	Item# 13004
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Digestive Enzymes

PRIMARY SUPPORT: Cleansing & Detox,
Digestive Health*

**Complete digestive enzyme solution for all your
digestive health needs***

- Supports healthy digestion of food*
- Reduces intestinal discomfort associated with food consumption*
- Supports overall digestive health*

90 capsules

Item#
23017



Evolve your
immune system,
and evolve your life.

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4Life Transform[®] Live a Vibrant Life*

4LifeTransform products support you on every step of your body transformation journey, whether your goal is to build muscle, manage your weight, or increase vitality.*





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PRO-TF®**YOUR TOTAL PROTEIN INFUSION***

PRIMARY SUPPORT: Weight Management, Muscle & Sports Performance, Immune System*

SECONDARY SUPPORT: Heart Health, Muscle, Bone, & Joint Health*

Protein supplement to help you transform your body and live a more fulfilling and vibrant life*

- Provides 20 g of patent-pending 4LifeTransform® Protein Formula per 2 scoop serving, one of the most advanced and effective proteins available to help you transform your body, optimize performance, and promote health*



- Includes an essential protein source, extensively hydrolyzed (high DH) whey and egg protein, plus 600 mg of 4Life Transfer Factor in every 2 scoop serving*
- Offers an independently and university-tested formula to support caloric and fat burning, muscle protection and growth, increased metabolism, and hunger suppression*
- Includes only 140 calories per 2 scoop serving, is gluten free, and contains less than 1 g of lactose

	Item#
Vanilla 46-serving canister	27568
Chocolate 46-serving canister	27577



4LifeTransform Burn®

PRIMARY SUPPORT: Weight Management*

Scientifically studied thermogenic blend to support accelerated body transformation*

- Helps adults of all ages achieve a lean, sleek, and healthy body*
- Supports an accelerated approach to body transformation by igniting fat burning and reducing hunger*
- Provides energy support to ignite your workouts for optimum performance*

80 capsules	Item# 27584
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ShapeRite®

PRIMARY SUPPORT: Weight Management*

SECONDARY SUPPORT: Antioxidant, Heart Health, Glucose Metabolism*

Helps to offset the negative effects of high-fat, high-carbohydrate, and starch heavy meals by binding fats and blocking excess starches and sugars*

- Aids in fat loss and appetite and weight management*
- Supports fat and sugar metabolism and balances satiety hormones*
- Can reduce weight gain caused by excess sugar intake*
- Supports healthy glucose and cholesterol levels*

90 capsules	Item# 27598
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Renuvo®

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Overall Wellness*

A patented adaptogen that targets healthy aging by supporting a more youthful and healthy response to environmental threats*

- Promotes total body recovery*
- Helps counteract the telltale signs of aging*
- Supports healthy mental acuity, mood, and metabolism*
- Promotes healthy sexual vitality and energy*

120 capsules	Item# 24201
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4LifeTransform® Woman

PRIMARY SUPPORT: Sexual Performance & Vitality*

SECONDARY SUPPORT: Healthy Aging*

Female support for sexual intimacy and healthy hormone levels*

- Targets a woman's unique brain and body systems to support healthy libido and enhanced sexual intimacy*
- Supports healthy hormone levels that tend to decline with age*
- Supports a more youthful, vibrant body and fulfilling life*

	Item#
120 capsules	27016



4LifeTransform® Man

PRIMARY SUPPORT: Sexual Performance & Vitality*

SECONDARY SUPPORT: Muscle & Sports Performance*

Male support for sexual performance and healthy aging*

- Supports healthy blood circulation*
- Optimizes lean muscle growth, mass, and strength*
- Supports a more powerful body and rewarding life*

	Item#
120 capsules	26535



4LifeTransform® 30-Day Accelerator System for Men or Women

PRIMARY SUPPORT: Weight Management*

SECONDARY SUPPORT: Immune System, Energy, Cleansing & Detox*

Proprietary products with scientifically proven ingredients to help you achieve real and lasting body transformation*

- **Tea4Life:** Simple and effective cleansing tea that prepares your body for the 30-day transformation*
- **PRO-TF Vanilla Cream:** University-tested, patent-pending protein supplement to help you burn fat and build lean muscle*
- **4LifeTransform Burn:** Scientifically-proven fat burner to help you ignite your body transformation*
- **4LifeTransform Man or 4LifeTransform Woman:** Supplement to support healthy aging and vibrant living and enhance sexual performance and experience*
- **Renuvo:** Total body recovery supplement*
- **Energy Go Stix Berry:** Great-tasting energy support and amino acids on the go*
- **RiteStart Men or RiteStart Women:** Multivitamin, mineral, and essential fatty acid supplement designed especially for men or women*



	Item#
4LifeTransform 30 day Accelerator System for Men	53643
4LifeTransform 30 day Accelerator System for Women	53644

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Energy Is What You Give To Life

4Life puts the GO in your energetic life with our line of energy products, anchored by Energy Go Stix. Get more done and realize your potential. Go for it!*





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Energy Go Stix®

PRIMARY SUPPORT: Energy*

SECONDARY SUPPORT: Weight Management, Immune System*

Energy supplement in ready-to-mix powder packs*

- Features an energy boost from a synergistic amino acid blend and yerba mate, green tea extract, and three forms of ginseng*
- Contains 4Life Transfer Factor to support the immune system*

	Item#
30 Berry powder packets	27563
30 Orange Citrus powder packets	27572
30 Pink Lemonade powder packets	27575
15 Kiwi Strawberry powder packets	27595
15 Tropical powder packets	27587



Every step
is a chance
at a new
direction.



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© 2014 iLife Products, LLC

4Life Elements Revolutionary Mineral Solutions

4LifeElements are engineered from earth's precious metals that have been purified and preserved in a liquid environment. These products provide cellular support at the atomic level. From our earth; for your life.*





Zinc Factor™

PRIMARY SUPPORT: Immune System*

Revolutionary mineral solution that combines the immune support of ionic silver with zinc*

- Zinc, alone, aids in empowering the function of key immune system cells like T cells.*
- Contains zinc and silver—two minerals that can boost your immune system in times of stress or when you need extra immune support*
- Is one of the only ionic solutions available that features the power of zinc AND ionic silver ions for optimal benefits*
- Formulated through a proprietary electrochemical process and is one of the only ionic solutions available*

16 fl oz bottle	Item# 24125
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äKwä® SkinCare

Flawless. Ageless. Effortless.

Step away from your day and into your world with a skincare regimen designed to transform the appearance of your complexion using nature-inspired, moisture-rich formulas and ancient Korean beauty techniques. Green tea blends and ferments, rose water, and other water sources come together in naturally fragranced formulas that incorporate the simple science of renewal.

All äKwä formulas are:

- Paraben-free, sulfate-free, and phthalate-free
- Dermatologist-tested for mildness
- Kind to your skin and the environment
- Cruelty-free—never tested on animals
- Formulated with all-natural fragrances
- Gluten-free





First Wave® Oil-To-Foam Cleanser

Splash. Rinse. Refresh.

- Combines fermented green tea water and sea water for a refreshing and effective two-phase cleanser
- Refines pores with rice ferment and provides nourishing and skin-smoothing enzymes to moisturize and purify your complexion
- Provides a vegan formula that lifts away debris before transforming into a foaming cleanser

3.4 fl oz bottle

Item#
25133



Lavapure® Volcanic Mud Mask

Purify. Sustain. Refine.

- Combines fermented green tea water, black soybean extract, and earth-hewn volcanic ash to create a nature-rich, beautifying experience
- Renews, refreshes, and energizes the look of your complexion, while volcanic properties cleanse the skin's surface for a purifying experience
- Provides a vegan formula that draws out deep impurities, refines pores, lifts dead skin cells, and during wash-off, exfoliates to smooth and energize the skin's surface

3.5 oz tube

Item#
25137



Glacier Glow® Four-Way Toner

Clear. Illuminate. Prepare.

- Clears and brightens the complexion with fermented green tea water and rose water while supporting surface smoothness, firmness, elasticity, and optimal moisture levels
- Prepares your skin for additional cleansing and moisture, primes your skin for cosmetics, sets your makeup look, or mists your skin any time of the day
- Provides an alcohol-free and vegan formula

3.4 fl oz bottle

Item#
25135



Precious Pool® Vitamin Essence

Nourish. Fortify. Brighten.

- Nourishes and moisturizes your complexion with fermented green tea water and red maple leaf extract
- Provides ingredient support for a healthy skin surface microbiome and skin conditioning
- Sustains skin's environment against daily stressors
- Infuses your skin with essential vitamins, ferments, and super-antioxidants in a vegan formula for a nourished, more youthful-looking complexion

1.7 fl oz bottle

Item#
25139



Ripple Refine® Eye Cream

Polish. Infuse. Firm.

- Soothes puffiness around the eye area with fermented green tea water, cucumber, and bamboo juice
- Promotes a smoother, more refined, and more polished outer-eye appearance with moisturizers, decadent emollients, and an ancient mushroom that's naturally rich in plant-derived collagen
- Offers a vegan formula that settles the appearance of dark circles around the eyes

1 fl oz tube	Item# 25141
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Rainburst® Moisture Cream

Quench. Correct. Firm.

- Helps calm and reinvent the skin with fermented green tea water, birch tree sap, and ginseng
- Offers a surge of intense hydration in a light and airy, cloud-like formula
- Provides a vegan formula that corrects imperfections and reduces the appearance of wrinkles

2.5 oz container	Item# 25143
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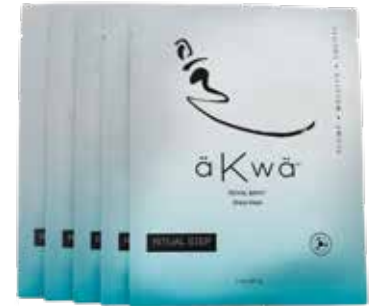


Royal Bath™ Sheet Mask

Plump. Moisten. Smooth.

- Provides the only sheet mask in the world with 4Life Transfer Factor from cow colostrum and chicken egg yolks to soften and soothe the skin to a royal luster
- Infuses intense and sustained moisture to the skin for a noticeable improvement in the appearance of moisture levels after one use
- Brightens the complexion and greatly lessens the appearance of fine lines, wrinkles, and lax skin

5 ct box	Item# 25145
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äkwä Skincare System

The system includes one of each product in the line plus a simple guide to help you transform the appearance of your skin using nature-inspired, moisture-rich formulas and ancient Korean beauty techniques.

1—First Wave Oil-to-Foam Cleanser

1—LavaPure Volcanic Mud Mask

1—Glacier Glow Four-Way Toner

1—Precious Pool Vitamin Essence

1—Ripple Refine Eye Cream

1—Royal Bath Sheet Mask (5 ct)

1—RainBurst Moisture Cream

1—Product guide

1—Silky äkwä logo drawstring bag

äkwä Skincare System 30-day supply

Item#
25154



enummi[®] Personal Care The Beauty of Science

enummi products offer you a truly indulgent experience with top-quality body spa, shower, and oral care formulas. Products include natural botanicals, antioxidants, and other ingredients to optimize your appearance.





enummi® Spa Mud Mask

Mineral transformation treatment for the complexion

- Gently adheres to the skin's surface to coax away oil and impurities
- Exfoliates and nourishes the skin's surface with powerful and concentrated sea-harvested nutrients

9 fl oz tube	Item# 25124
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enummi® Spa

Foot Treatment Crème

Invigorating foot therapy

- Adds vital moisture to dry, cracked skin, especially on the feet
- Contains powerful antioxidants and moisturizing ingredients to protect and soften the skin

4.3 oz tube	Item# 25122
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enummi® Spa Body Butter

Body butter for rich hydration

- Moisturizes skin's surface, especially areas that need extra love
- Deeply conditions and illuminates the full-body complexion

4 oz jar	Item# 25120
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enummi® Spa Cooling Massage Gel

Blast of cooling and soothing ingredients for massage

- Provides optimal glide for prolonged massage activity
- Offers cooling menthol, eucalyptus, and camphor bark oils to create an invigorating sensory experience

8.2 fl oz tube

Item#
25126



enummi® Spa Body Scrub

Total body exfoliator

- Offers a sumptuous formula with an abundance of natural exfoliants that give the gel its warm, brown appearance
- Includes the perfect ratio of surface exfoliants—fruit acids and rich oils—to sweep skin of dead cells and nourish the fresh layer

7.9 oz tube

Item#
25128





enummi® Intensive Body Lotion

4Life's original formula body lotion for dry skin

- Contains white tea to protect your skin from the elements
- Provides a complex range of minerals and amino acids to the skin
- Promotes soft, smooth skin with aloe vera and shea butter

8.5 fl oz tube

Item#
25003



enummi® Toothpaste

A gentle, fluoride-free formula that cleanses teeth and freshens breath without harsh, abrasive agents

- Dissolves food film for a clean, bright smile
- Freshens breath
- Offers a refreshing mint flavor and xylitol

4 fl oz tube

Item#
25050

enummi® Shampoo

A sulfate-free, moisture-rich cleansing experience

- Cleanses gently, yet effectively, with coconut-derived ingredients
- Includes protein, amino acids, and luscious botanicals
- Helps prevent color fadeout
- Provides protection from the environment, manageability, and vibrant shine
- Works well for daily use on all hair types

12 fl oz tube	Item# 25113
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enummi® Body Wash

An invigorating cleanser that hydrates the skin

- Features a light gel formula that creates a luxurious lather with a lively fragrance
- Leaves skin feeling soft and smooth, without lingering dryness
- Offers gentle cleansing for the entire family
- Includes nature-derived ingredients like mango, avocado, and honey extract
- Combines perfectly with enummi Intensive Body Lotion for ultimate moisturizing benefits

12 fl oz tube	Item# 25111
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enummi® Conditioner

Conditioner that leaves hair feeling soft and silky

- Improves manageability and smoothness
- Saturates hair beautifully and rinses effortlessly, leaving hair feeling soft and silky with vibrant shine
- Features a formula rich in protein, vitamins, and amino acids
- Helps minimize color fading and static, and eases hair and scalp dryness with decadent nature-derived oils and butters
- Provides environmental protection

12 fl oz tube	Item# 25115
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4Life[®] Essential Oils Breathe In And Begin . . . [®]

4Life Essential Oils are 100% pure, powerful, unique, and natural plant essences collected from a global supply of aromatics guaranteed by the 4Life-PIQ™—our proprietary quality score for potency, purity, and aroma power! What are you waiting for? Breathe in and begin . . .





4Life® Essential Oils TForce®

PRIMARY SUPPORT: Immune System*

100% pure essential oil supplement

- Is the only essential oil in the world that features patented 4Life Transfer Factor
- Offers an ingestible formula with immune system support*
- Provides warm and welcoming aromatic notes

0.5 fl oz bottle

Item#
20031



4Life® Essential Oils Digestive Blend

PRIMARY SUPPORT: Digestive Health*

100% pure essential oil supplement

- Reduces digestive discomfort*
- Offers an ingestible blend to improve gut motility*
- Supports overall gastrointestinal function—stomach, liver, gallbladder, and intestines*
- Supports digestion of fats*

0.5 fl oz bottle

Item#
20039



4Life® Essential Oils SweetShape®

PRIMARY SUPPORT: Weight Management*

100% pure essential oil supplement

- Provides an ingestible blend to stimulate metabolism and fat burning markers*
- Promotes healthy energy levels*
- Targets fat metabolism for weight management support when used in conjunction with a healthy eating and exercise regimen*

0.5 fl oz bottle

Item#
20035



4Life® Essential Oils CalmaVida®

100% pure essential oil blend

- Bolsters the best benefits of lavender
- Offers aromatically bold and earthy notes to impart a warm sense of tranquility to you and your environment
- Provides a sense of calm in any situation
- Makes a great accessory during breathing and meditation

0.5 fl oz bottle

Item#
20025



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4Life® Essential Oils Lemon

100% pure essential oil

- Imparts a fresh environment and energized attitude
- Offers bright and vibrant top notes and a brilliantly robust base note
- Brings elation to your mental outlook
- Provides a delightful room fragrance through diffusing

0.5 fl oz bottle

Item#
20029



4Life® Essential Oils Peppermint

100% pure essential oil

- Offers brisk, cool, and invigorating fragrance notes
- Cools and refreshes the skin
- Provides a stimulating, clarifying, and awakening scent
- Makes a great accessory during breathing and meditation

0.5 fl oz bottle

Item#
20027



4Life® Essential Oils CoolTouch®

100% pure essential oil blend

- Cools, settles, and beautifies
- Creates a dynamic heating and cooling effect when used in massage
- Provides an experience that will put a spring in your step, especially when used with massage after a hard workout
- Makes a great accessory for massage

0.5 fl oz bottle

Item#
20011

4Life® Essential Oils Brisa®

100% pure essential oil blend

- Creates fresh air that elevates your senses
- Provides strong aromatic notes of eucalyptus and fresh herbs as an uplifting tonic for the lungs
- Elevates your workout and outlook
- Makes a great accessory during breathing and meditation

0.5 fl oz bottle

Item#
20037



4Life® Essential Oils Carrier Oil

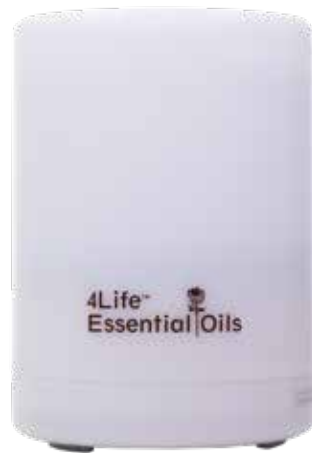
Perfect companion for 4Life Essential Oils

- Dilutes 4Life Essential Oils to safely carry them to the skin
- Has a subtle coconut aroma that blends beautifully with pure essential oils
- Works perfectly for light massage

4 fl oz bottle

Item#
20007





4Life® Essential Oils Kit

- 1—TForce®
- 1—CalmaVida®
- 1—CoolTouch®
- 1—Lemon
- 1—Peppermint
- 1—Carrier Oil
- 1—Guidebook

4Life Essential Oils Kit	Item#
	53776

4Life® Essential Oils Ultrasonic Diffuser

**Great for atomizing 4Life Essential Oils
into your environment**

- Features ultrasonic technology
- Is easy-to-use
- Offers three timer settings and a 300 ml fill capacity
- Provides an ultra-fine, chemical- and heat-free mist

300 ml fill capacity	Item#
	91533

At the core of
everything lies its essence,
or its “being.”

4Life Fundamentals® Healthy Beginnings Start Here*

At 4Life, we've harnessed the purest and finest ingredients for our Fundamental Wellness line—a supplementation portfolio designed to get you on the path to wellness.*





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BioEFA® with CLA

PRIMARY SUPPORT: Brain Health, Heart Health*

SECONDARY SUPPORT: Weight Management, Overall Wellness*

Essential fatty acids for healthy heart, brain, and respiratory function*

- Features potent omega-3 and omega-6 fatty acids from fish oil, borage seed oil, flaxseed oil, and sunflower seed oil
- Promotes overall cardiovascular health and strong cell membranes*
- Contains CLA (conjugated linoleic acid) for cardiovascular and circulatory health*

60 soft gels	Item#
	28095



BioGenistein Ultra®

PRIMARY SUPPORT: Female Health*

SECONDARY SUPPORT: Sleep, Mood, & Stress*

Hormone- and mood-balancing blend for basic female support*

- Contains soy isoflavones, black cohosh, and chaste tree for female health support and healthy hormone levels*
- Supports a positive mood with black cohosh, l-theanine, and chaste tree*
- Includes antioxidants from quercetin and turmeric*

60 capsules	Item#
	22530



Choice 50®

PRIMARY SUPPORT: Antioxidant*

SECONDARY SUPPORT: Immune System, Healthy Aging, Heart Health, Skin Health & Beauty, Overall Wellness*

Blend of antioxidants that provides healthy aging benefits*

- Includes a blend of potent antioxidants*
- Supports cardiovascular and circulatory system health*
- Provides additional support for joint, muscle, brain, and eye health*

	Item#
60 capsules	28061



Bountiful Harvest® Plus

PRIMARY SUPPORT: Overall Wellness*

SECONDARY SUPPORT: Antioxidant, Multivitamin & Mineral, Immune System*

Daily serving of nutrient-rich greens from whole-plant sources

- Provides concentrated vitamins, minerals, and other phytonutrients
- Contains superfood concentrates from blue-green algae and spirulina
- Contains alkaline-forming properties that help balance pH levels*

	Item#
180 capsules	28092



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CM Super™

PRIMARY SUPPORT: Muscle, Bone, & Joint Health*

Calcium and magnesium support for healthy bone metabolism and structural system health*

- Contains a potent daily serving of more than 600 mg of calcium, 400 IU of Vitamin D, and 270 mg of magnesium to support bone health*
- Contains vital ingredients to support bone growth in people of all ages*

90 tablets	Item# 7120
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Fibro AMJ® Day-Time Formula

PRIMARY SUPPORT: Muscle, Bone, & Joint Health*

Scientifically advanced support for structural and nervous system health*

- Contains powerful metabolites—magnesium and Vitamin B6—essential to energy production*
- Includes glucosamine hydrochloride and methylsulfonylmethane (MSM) for joint support*
- Includes *Boswellia serrata* for additional support*

90 capsules	Item# 24501
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See page 81 for SleepRite AMJ.



FemRite®

A unique cream formulated for women that contains a rich blend of wild yam extract, aloe, jojoba, and avocado extract

- Includes cucumber extract and aloe
- Includes wild yam extract

2 fl oz tube	Item# 22540
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Flex4Life® (capsules)

PRIMARY SUPPORT: Muscle, Bone, & Joint Health*

SECONDARY SUPPORT: Antioxidant*

Capsules with nutrients designed to lubricate joints and support a full range of motion*

- Supports healthy joint tissue, fluids, and overall joint flexibility*
- Helps maintain mobility for a comfortable, full range of motion*
- Supports muscle and joint health*
- Features *Terminalia chebula*, hyaluronic acid, and turmeric to support healthy knee function*

90 capsules	Item# 23516
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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Flex4Life™ (cream)

Skin cream with a soothing formula

- Has a soothing topical blend
- Contains menthol, peppermint extract, and natural Vitamin E
- Provides great support when used in combination with Flex4Life capsules

2 fl oz tube	Item#
	23507



Gurmar

PRIMARY SUPPORT: Glucose Metabolism*

SECONDARY SUPPORT: Weight Management*

Ancient Indian herb famous for helping maintain healthy glucose levels*

- Supports the endocrine system to balance glucose in the body*
- Helps maintain healthy glucose levels*

90 capsules	Item#
	4001



Inner Sun®

PRIMARY SUPPORT: Sleep, Mood, & Stress*

Proprietary formula designed to promote a positive mood and healthy energy levels*

- Features a blend of St. John's wort, chamomile, rosemary, and hawthorn to promote a positive mood*
- Includes potent Vitamin B complex to support healthy energy levels*

	Item#
120 capsules	7100



Life C®

PRIMARY SUPPORT: Antioxidant, Multivitamin, & Mineral*

SECONDARY SUPPORT: Immune System*

Proprietary blend of Vitamin C for enhanced absorption and antioxidant support*

- Features seven active forms of natural Vitamin C*
- Uses varied forms to provide antioxidant protection*
- Supports the healthy function of multiple body systems*

	Item#
60 tablets	28077



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

MusculoSkeletal Formula™

PRIMARY SUPPORT: Muscle, Bone, & Joint Health*

Key ingredients that support muscle repair*

- Includes ingredients to support overworked muscles, tendons, ligaments, and nerves*
- Supports bone structure by reducing bone breakdown*
- Supports healthy connective tissue*

60 capsules

Item#	24508
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MultiPlex™

PRIMARY SUPPORT: Multivitamin & Mineral, Overall Wellness*

Basic daily dose of fundamental vitamins and minerals

- Features essential vitamins and minerals for general health and wellness*
- Contains herbal extracts and citrus bioflavonoids to boost energy levels*

60 capsules

Item#	28039
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PBGS+®

PRIMARY SUPPORT: Antioxidant*

SECONDARY SUPPORT: Immune System, Healthy Aging*

Antioxidant formula that combines the power of pinebark and grapeseed extracts*

- Includes pinebark and grapeseed extracts
- Protects cells from the aging effects of free radicals*
- Promotes healthy circulation*

	Item#
60 tablets	1160
120 tablets	1170



SleepRite AMJ®

PRIMARY SUPPORT: Sleep, Mood, & Stress*

SECONDARY SUPPORT: Muscle, Bone, & Joint Health*

Proprietary blend of natural ingredients for a restful night of sleep*

- Combines melatonin, a proven alternative to naturally aid sleep, with 5-Hydroxytryptophan, Vitamin B6, and a proprietary blend of herbs*
- Supports healthy sleep patterns to help your body function at its best*
- Includes hops flower, which supplies important nutrients to support healthy muscles, bones, and joints*

	Item#
60 capsules	28099



See page 76 for Fibro AMJ Day-Time Formula.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Stress Formula™

PRIMARY SUPPORT: Sleep, Mood, & Stress*

A calming evening herbal formula to promote relaxation*

- Contains valerian root to support a calm nervous system*
- Includes peppermint to soothe stomach discomfort that may be associated with stress*

60 capsules

Item#
22007



4Life Fortify®

12-24 great-tasting meals of rice, lentils, and beans, along with a complete nutritional complex of vitamins, minerals, and 4Life Tri-Factor Formula*

- Provides a protein-rich meal with the texture of a true meal, not simply porridge
- Provides proper nutrition for individuals of all ages*
- Tastes great and can be enjoyed by different cultures around the world

12-24 servings/bag

Item#
15005



4Life Fortify is for donation through Feed the Children. Not for personal use.

4Life Research offers an incentive to buy, donate, and promote 4Life Fortify meal packs. Commission is included in the price of the pack and allows distributors to invest their time and resources to encourage others to join the 4Life legacy of service. 4Life Fortify is created and supported by 4Life Research, a for-profit company that facilitates donations of purchased 4Life Fortify meal packs to non-profit partners such as Feed the Children. Charity partners distribute 4Life Fortify to children in need without charge or fees.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

To live well is to be well.
To be well is
to choose healthy.

4Life Product Ingredient Index

4LIFE TRANSFER FACTOR

4Life Transfer Factor Classic: UltraFactor from cow colostrum.

4Life Transfer Factor Chewable Tri-Factor Formula: 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor).

4Life Transfer Factor Immune Spray—Mint and Orange: Zinc, 4Life Transfer Factor Blend (UltraFactor and NanoFactor), and Proprietary Blend (colloidal silver, marshmallow, aloe, and lactoferrin).

4Life Transfer Factor Plus Tri-Factor Formula: Zinc, 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), Cordyvant Proprietary Polysaccharide Complex (IP-6, β -Sitosterol and other phytosterols), mycelium (*Cordyceps sinensis*) extract, baker's yeast extract, fruiting body (*Agaricus blazeii*) extract, aloe leaf gel extract, oat seed extract, olive leaf extract, maitake fruiting body extract, and shiitake fruiting body extract.

4Life Transfer Factor RenewAll: Purified water, UltraFactor, aloe vera (*Aloe barbadensis*) leaf juice, lavender (*Lavendula angustifolia*) flower extract, chamomile (*Anthemis nobilis*) flower extract, rosemary (*Rosmarinus officinalis*) leaf oil, eucalyptus (*Eucalyptus globulus*) leaf oil, glycerin, carrageenan, yeast polysaccharides, panthenol, allantoin, sodium PCA, PPG-2 isoceteth-20 acetate, PEG-12 dimethicone, carbomer, triethanolamine, butylene glycol, polysorbate 20, disodium EDTA, phenoxyethanol, caprylyl glycol, ethylhexylglycerin, hexylene glycol, propylene glycol, and citric acid.

4Life Transfer Factor Tri-Factor

Formula: 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor).

4LIFETRANSFORM

4LifeTransform Burn: Proprietary 4LifeTransform Burn Blend [bitter orange with other citrus (citrus spp.) fruits extract, *Coleus forskohlii* root extract, African mango (*Irvingia gabonensis*) seed extract, and dihydrocapsiate].

4LifeTransform Man: Performance Blend [l-citrulline, citrus peel extract, and Korean ginseng (*Panax ginseng*) root extract].

4LifeTransform Woman: Woman Performance Blend [l-citrulline, evening primrose (*Oenothera biennis*) defatted seed extract, and velvet bean (*Mucuna pruriens*) seed extract].

PRO-TF Chocolate and Vanilla Cream: 4LifeTransform Protein Formula Low Molecular Weight PRO-TF Protein Blend extensively hydrolyzed whey protein concentrate, extensively hydrolyzed egg white protein, and 4Life Tri-Factor Formula [UltraFactor (ultra-filtered colostrum powder), OvoFactor (egg yolk powder), and NanoFactor (nano-filtered colostrum powder)].

Renuvo: 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), 4Life Adaptogenics Blend *Rhaponticum carthamoids* root extract, *Schisandra chinensis* fruit extract, ALCAR, green tea leaf extract, ashwagandha root extract, turmeric rhizome extract, resveratrol, and black pepper fruit extract.

ShapeRite: Chitosan (from shellfish), Kidney (*Phaseolus vulgaris*) bean extract, hydrolyzed yeast (*Saccharomyces cerevisiae*) extract, dragon fruit (*Hylocereus undulatus* Britt) extract.

TARGETED TRANSFER FACTOR

4Life NanoFactor Glutamine Prime: L-glutamine and Immune Energy Blend (l-arginine, n-acetyl-l-cysteine, alpha lipoic acid, l-alanyl-l-glutamine, and NanoFactor).

4Life Transfer Factor Belle Vie: 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), Antioxidant Proprietary Blend (green tea leaf extract and grape seed extract), Phytoestrogen Proprietary Blend (flax seed extract, kudzu root extract, and red clover plant extract), and Cruciferous Proprietary Blend (broccoli, cabbage, kale—containing indole-3-carbinol, diindolyl methane, ascorbigen, and calcium d-glucarate).

4Life Transfer Factor Cardio: Vitamin A, Vitamin C, Vitamin E, niacin, Vitamin B6, folate, Vitamin B12, magnesium, zinc, selenium, copper, potassium, OvoFactor, and Proprietary Blend (garlic bulb extract, hawthorn leaf/flower extract, butcher's broom root extract, red rice yeast extract, *Ginkgo biloba* leaf extract, ginger root oil, resveratrol, and coenzyme Q10).

4Life Transfer Factor Collagen: Vitamin A (as Vitamin A acetate), Vitamin C (as ascorbic acid), Vitamin E (as d-alpha-tocopherol acetate), biotin, 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), Age-Defying Collagen Complex [Hydrolyzed fish collagen (source of type I collagen), chicken bone broth collagen

(source of type I, II, and III collagen), and egg shell membrane collagen (source of type I, V, and X collagen)], Age-Defying Plant Complex [Wheat (*Triticum aestivum*) seed extract, and *Haematococcus pluvialis* microalgae extract (astaxanthin)], cane sugar, natural flavor, altodextrin, malic acid, citric acid, salt, reb A, and sodium acetate.

4Life Transfer Factor GluCoach:

Chromium, 4Life Transfer Factor Blend (UltraFactor and OvoFactor), vanadium, alpha lipoic acid, and Proprietary Blend (*Pterocarpus marsupium* heart wood extract, gymnema leaf extract, fenugreek seed extract, *Momordica charantia* fruit extract, and Korean ginseng root extract).

4Life Transfer Factor KBU: 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), Bladder Support Blend (cranberry fruit powder and extract, d-mannose, blueberry fruit, and lingonberry fruit), Kidney Support Blend (IP-6, *Chanca piedra* herb, juniper berry, dandelion leaf, and varuna stem bark extract), and pH Balancing Blend (apple cider vinegar, sodium bicarbonate, potassium bicarbonate, and calcium carbonate).

4Life Transfer Factor MalePro: Zinc, selenium, 4Life Transfer Factor Blend (UltraFactor and OvoFactor), saw palmetto fruit extract, lycopene, and Proprietary Blend (nettle root extract, kudzu root extract, soy bean extract, broccoli whole plant extract, and calcium d-glucarate).

4Life Transfer Factor ReCall: Magnesium, 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), and Proprietary Blend (soy seed extracts, lemon balm herb extract, aerial

parts (*Bacopa monnieri*) extract, n-acetyl-L-tyrosine, n-acetyl-L-cysteine, *Ginkgo biloba* leaf extract, and *Huperzia serrata* herb extract).

4Life Transfer Factor Reflexion: 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), and Proprietary Blend [wild green oat (*Avena sativa*) extract and L-theanine].

4Life Transfer Factor Vista: Vitamin A, Vitamin C, Vitamin E, zinc, 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), lutein, zeaxanthin, and Ocular Health Proprietary Blend (*Haematococcus pluvialis* microalgae extract, bilberry fruit extract, *Spirulina microalgae*, citrus bioflavonoids peel extract, black currant fruit extract, *Ginkgo biloba* leaf extract, blackberry fruit extract, and ascorbigen).

DIGEST4LIFE

Aloe Vera: Aloe vera gel concentrate, ascorbic acid, ethanol, erythorbic acid, sodium benzoate, potassium sorbate, and monoglycerides.

Fibre System Plus: Fiber Blend (psyllium husk, rice seed bran, apple fruit fiber, slippery elm inner bark, prune fruit, marshmallow root, locust bean gum, and xanthan gum), Cleansing Blend (black walnut hull, cascara sagrada bark, gentian root, licorice root, and buckthorn bark), Nutrition Blend (cranberry fruit, pineapple fruit, papaya fruit, sage leaf, parsley leaf, Irish moss whole plant, bee pollen, and spirulina), and Herbal Blend (ginger root, hops flower, and chamomile flower).

Digestive Enzymes: Proprietary Enzyme Blend (amylase, protease 4.5, glucosamylase,

acid maltase, α -galactosidase, pectinase, cellulase, peptidase, protease 3.0, bromelain, lipase, invertase, hemicellulase, β -glucanase, xylanase, and papain).

Pre/o Biotics: 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), Probiotics [*Bifidobacterium longum* (BB536), *Bifidobacterium lactis* (BI-04), *Bifidobacterium infantis* (M-63), *Lactobacillus rhamnosus* (Lr-32), and *Lactobacillus acidophilus* (NCFM)], and Prebiotic Blend [Galactooligosaccharides (GOS), Xylooligosaccharides (XOS), and Fructooligosaccharide (FOS)].

Super Detox: Detox Proprietary Blend (red clover flower tops, milk thistle fruit extract, calcium d-glucarate, broccoli stalks/florets extract, bupleurum root extract, n-acetyl-L-cysteine, and artichoke leaf).

Tea4Life: Proprietary Blend (senna leaf, stevia leaf, cinnamon bark, buckthorn bark, ginger root, orange peel, green tea leaf, echinacea aerial parts, rooibos branch and leaf, astragalus root, and bitter orange fruit).

ākWā SKINCARE

First Wave Oil-to-Foam Cleanser: Water, glycerin, dipropylene glycol, coco-betaine, cocoglycoside, acrylates copolymer, polyglyceryl-10 laurate, sodium methyl cocoyl taurate, 1,2-hexanediol, *Camellia sinensis* leaf water, sea water, rice ferment filtrate (sake), *Cucurbita pepo* (pumpkin) fruit extract, *Saccharomyces* ferment, bioflavonoids, *Brassica oleracea italica* (broccoli) extract, *Aloe barbadensis* leaf extract, *Helianthus annuus* (sunflower) seed oil, *Olea europaea* (olive) fruit oil, *Geranium maculatum* oil, *Citrus aurantium*

bergamia (bergamot) fruit oil, *Cymbopogon martini* oil, *Lavandula angustifolia* (lavender) oil, *Citrus junos* fruit extract, *Pinus densiflora* leaf extract, *Anthemis nobilis* flower oil, *Artemisia annua* extract, *Citrus aurantium dulcis* (orange) peel oil, ethylhexylglycerin, potassium cocoyl glycinate, sodium chloride, tromethamine, potassium cocoate, propanediol, caprylic/capric triglyceride, disodium EDTA, sodium lauryl glycol carboxylate, caprylyl glycol, and butylene glycol.

Glacier Glow Four-Way Toner: *Camellia sinensis* leaf water, isopentylidol, glycerin, butylene glycol, 1,2-hexanediol, niacinamide, water, *Saccharomyces* ferment, *Rosa damascena* flower water, adenosine, *Undaria pinnatifida* nextract, *Laminaria japonica* extract, *Hizikia fusiforme* extract, *Centella asiatica* extract, *Glycyrrhiza glabra* (licorice) root extract, *Camellia sinensis* leaf extract, *Rosmarinus officinalis* (rosemary) leaf extract, *Chamomilla recutita* (matricaria) flower extract, *Scutellaria baicalensis* root extract, *Polygonum cuspidatum* root extract, *Camellia japonica* flower extract, *Andrographis paniculata* extract, *Morus nigra* fruit extract, allantoin, *Citrus unshiu* peel extract, ethylhexylglycerin, propanediol, betaine, and disodium EDTA.

Precious Pool Vitamin Essence: *Camellia sinensis* leaf water, isopentylidol, butyleneglycol, dipropylene glycol, cetyl ethylhexanoate, methyl gluceth-20, niacinamide, 1,2-hexanediol, polyglyceryl-3 distearate, octyldodecanol, water, *Saccharomyces* ferment, adenosine, ascorbyl glucoside, *Saccharomyces lysate* extract, *Acer saccharum* (sugar maple) extract, *Centella asiatica* extract, *Glycyrrhiza glabra* (licorice) root extract, *Scutellaria baicalensis* root extract,

Rosmarinus officinalis (rosemary) leaf extract, *Camellia sinensis* leaf extract, *Camellia japonica* flower extract, arginine, allantoin, panthenol, *Citrus unshiu* peel extract, *Morus nigra* fruit extract, *Cymbopogon martini* oil, *Lavandula angustifolia* (lavender) oil, *Anthemis nobilis* flower oil, *Chamomilla recutita* (matricaria) flower extract, *Geranium maculatum* oil, *Polygonum cuspidatum* root extract, *Andrographis paniculata* extract, *Citrus aurantium bergamia* (bergamot) fruit oil, *Citrus aurantium dulcis* (orange) peel oil, betaine, ethylhexylglycerin, glyceryl stearate citrate, carbomer, propanediol, and caprylyl glycol.

Ripple Refine Eye Cream: *Camellia sinensis* leaf water, glycerin, butylene glycol, hydrogenated polydecene, caprylic/capric triglyceride, polyglyceryl-3 distearate, 1,2-hexanediol, cetearyl alcohol, niacinamide, *Olea europaea* (olive) fruit oil, water, *Butyrospermum parkii* (shea) butter, *Tremella fuciformis* (mushroom) extract, sodium hyaluronate, Saccharomyces ferment, ascorbyl glucoside, adenosine, *Cucumis sativus* (cucumber) extract, *Bambusa arundinacea* juice, *Centella asiatica* extract, *Camellia sinensis* leaf extract, *Anthemis nobilis* flower oil, *Polygonum cuspidatum* root extract, *Glycyrrhiza glabra* (licorice) root extract, *Rosmarinus officinalis* (rosemary) leaf extract, *Scutellaria baicalensis* root extract, *Camellia japonica* flower extract, *Morus nigra* fruit extract, *Citrus unshiu* peel extract, *Lavandula angustifolia* (lavender) oil, *Andrographis paniculata* extract, *Citrus aurantium bergamia* (bergamot) fruit oil, *Geranium maculatum* oil, *Citrus aurantium dulcis* (orange) peel oil, *Cymbopogon martini* oil, *Chamomilla recutita* (matricaria) flower extract, betaine, glyceryl stearate, glyceryl stearate

citrate, ethylhexylglycerin, sorbitan isostearate, disodium EDTA, propanediol, behenyl alcohol, polyglyceryl-3 methylglucose distearate, ammonium acryloyldimethyltaurate/VP copolymer, hydroxyethylacrylate/sodium acryloyldimethyl taurate copolymer, and caprylyl glycol.

LavaPure Volcanic Mud Mask: *Camellia sinensis* leaf water, kaolin, glycerin, bentonite, butylene glycol, magnesium aluminum silicate, charcoal powder, 1,2-hexanediol, volcanic ash, *Coix lacryma-jobi Ma-yuen* seed extract, *Prunus armeniaca* (apricot) seed powder, *Juglans regia* (walnut) shell powder, *Glycine max* (soybean) seed extract, bioflavonoids, *Aloe barbadensis* leaf extract, *Oryza sativa* (rice) extract, *Oryza sativa* (rice) bran extract, *Sesamum indicum* (sesame) seed extract, *Geranium maculatum* oil, *Avena sativa* (oat) kernel extract, *Pinus densiflora* leaf extract, *Citrus junos* fruit extract, *Artemisia annua* extract, *Lavandula angustifolia* (lavender) oil, *Citrus aurantium bergamia* (bergamot) fruit oil, Saccharomyces ferment, *Cymbopogon martini* oil, *Brassica oleracea* (broccoli) extract, *Phaseolus radiatus* seed extract, *Anthemis nobilis* flower oil, silica, water, xanthan gum, *Citrus aurantium dulcis* (orange) peel oil, ethylhexylglycerin, propanediol, disodium EDTA, hydroxyacetophenone, C12-14 pareth-12, caprylyl glycol, pentylene glycol, and dipropylene glycol.

RainBurst Moisture Cream: *Camellia sinensis* leaf water, water, butyleneglycol, cetyl ethylhexanoate, octyldodecanol, glycerin, cetyl alcohol, phytosteryl isostearyl dimer dilinoleate, polyglyceryl-3 methylglucose distearate, *Simmondsia chinensis* (jojoba) seed

oil, niacinamide, hydrogenated vegetable oil, beeswax, 1,2-hexanediol, *Panax ginseng* root extract, adenosine, *Centella asiatica* extract, sodium hyaluronate, Saccharomyces ferment, honey extract, *Andrographis paniculata* extract, *Betula platyphylla japonica* juice, *Scutellaria baicalensis* root extract, panthenol, *Polygonum cuspidatum* root extract, *Camellia sinensis* leaf extract, *Glycyrrhiza glabra* (licorice) root extract, *Rosmarinus officinalis* (rosemary) leaf extract, *Anthemis nobilis* flower oil, *Morus nigra* fruit extract, *Chamomilla recutita* (matricaria) flower extract, *Citrus unshiu* peel extract, *Citrus aurantium bergamia* (bergamot) fruit oil, *Lavandula angustifolia* (lavender) oil, *Camellia japonica* flower extract, *Cymbopogon martini* oil, *Geranium maculatum* oil, *Citrus aurantium dulcis* (orange) peel oil, hydroxyacetophenone, glyceryl stearate, caprylic/capric triglyceride, disodium EDTA, ethylhexylglycerin, microcrystalline wax, glyceryl stearate SE, ammonium acryloyldimethyltaurate/VP copolymer, propanediol, bis-diglyceryl polyacryladipate-2, caprylyl glycol, pentylene glycol, and dipropylene glycol.

Royal Bath Sheet Mask: Water, glycerin, butylene glycol, niacinamide, Lactobacillus/milk ferment filtrate, adenosine, hyaluronic acid, sodium hyaluronate, sodium hyaluronate crosspolymer, hydrolyzed hyaluronic acid, hydrolyzed sodium hyaluronate, colostrum, dried egg yolk, *Camellia sinensis* leaf extract, *Glycyrrhiza glabra* (licorice) root extract, dipotassium glycyrrhizate, panthenol, *Zingiber officinale* (ginger) root extract, *Coptis chinensis* root extract, allantoin, arginine, *Citrus limon* (lemon) fruit extract, *Citrus nobilis* (mandarin orange) oil, *Eucalyptus globulus* leaf oil, *Geranium*

maculatum oil, *Lavandula angustifolia* (lavender) oil, *Pinus palustris* oil, trehalose, ethylhexylglycerin, carbomer, hydroxyethylcellulose, 1,2-hexanediol, disodium EDTA, PEG-60 hydrogenated castor oil, and pentylene glycol.

4LIFE ESSENTIAL OILS

4Life Essential Oils Brisa: *Eucalyptus globulus* leaf oil, peppermint (*Mentha x piperita*) leaf oil, clove (*Eugenia caryophyllus*) leaf oil, wintergreen (*Gaultheria procumbens*) leaf oil, frankincense (*Boswellia carterii*) oil, thyme red (*Thymus vulgaris*) oil, and camphor white (*Cinnamomum camphora*) bark oil.

4Life Essential Oils CalmaVida: Lavandin (*Lavandula hybrida*) oil and lavender (*Lavandula angustifolia*) oil.

4Life Essential Oils Carrier Oil: Fractionated coconut (*Cocos nucifera*) oil.

4Life Essential Oils CoolTouch: Wintergreen (*Gaultheria procumbens*) leaf oil, peppermint (*Mentha x piperita*) leaf oil, camphor white (*Cinnamomum camphora*) bark oil, chamomile (*Chamomilla recutita*) flower oil, and sweet olive (*Osmanthus fragrans*) flower absolute.

4Life Essential Oils Digestive Blend: Fennel (*Foeniculum vulgare*) oil, peppermint (*Mentha x piperita*) leaf oil, ginger (*Zingiber officinale*) root oil, anise (*Pimpinella anisum*) oil, coriander (*Coriandrum sativum*) fruit oil, tarragon (*Artemisia drunculus*) oil, and caraway (*Carum carvi*) fruit oil.

4Life Essential Oils Lemon: Lemon (*Citrus limon*) oil.

4Life Essential Oils Peppermint: Peppermint (*Mentha x piperita*) oil.

4Life Essential Oils SweetShape: Lemon (*Citrus limon*) peel oil, peppermint (*Mentha x piperita*) leaf oil, grapefruit (*Citrus paradisi*) peel oil, bergamot (*Citrus bergamia*) peel oil, clove (*Eugenia caryophyllus*) leaf oil, juniper (*Juniperus communis*) fruit oil, cinnamon (*Cinnamomum zeylanicum*) leaf oil, and ginger (*Zingiber officinale*) root oil.

4Life Essential Oils TForce: 4Life Transfer Factor Blend (UltraFactor and OvoFactor), Proprietary Blend (Sweet Orange (*Citrus sinensis*) peel oil, thyme (*Thymus vulgaris*) leaf oil, clove (*Eugenia caryophyllata*) leaf oil, clary sage (*Salvia sclarea*) leaf & flower oil, patchouli (*Pogostemon cablin*) leaf oil, and cinnamon (*Cinnamomum zeylanicum*) bark oil).

ENERGY

Energy Go Stick—Berry, Orange Citrus, Pink Lemonade, Kiwi Strawberry, and Tropical: 4Life Transfer Factor Blend (UltraFactor and OvoFactor), Amino Acid Blend (*L-glutamine*, L-arginine, taurine, creatine, L-carnitine, L-methionine, and α -ketoglutarate), Proprietary Blend (eleuthero root extract, Korean ginseng plant extract, and American ginseng root extract), and Herbal Energy Blend (green tea leaf extract, yerba mate leaf extract, guarana root extract, maca root extract, and Rhodiola rosea root extract).

4LIFE FUNDAMENTALS

BioEFA with CLA: Fish Oil Blend (with 500 mg EPA and DHA) and Plant Oil Blend [flax seed oil (alpha linolenic acid), borage seed oil (gamma

linolenic acid), and safflower seed oil (conjugated linoleic acid)].

BioGenistein Ultra: Hormone Balance Blend (soy seed extract, black cohosh root extract, dong quai root extract, chaste tree fruit extract, and turmeric rhizome extract) and Proprietary Female Blend (magnolia bark extract, eleuthero root extract, quercetin, and L-theanine).

Bountiful Harvest Plus: Super Food Blend (chia seed, spirulina, chlorella, and blue-green algae), Whole Food Nutrient Blend (red pepper fruit, spinach leaf, purple kale leaf, acerola fruit, pumpkin fruit, carrot root, cucumber fruit, flax seed, brown rice seed flour, asparagus shoots, spearmint leaf, peppermint leaf, and bladderwrack herb), and pH Balancing Blend (apple cider vinegar, sodium bicarbonate, potassium bicarbonate, and calcium carbonate).

Choice 50: Vitamin C, Vitamin E, and Proprietary Blend (citrus bioflavonoid fruit complex, fo-ti root, grape seed extract, turmeric rhizome extract, rutin, milk thistle fruit extract, quercetin, bilberry fruit extract, and resveratrol).

CM Super: Vitamin C, Vitamin D, Vitamin K, Vitamin B6, calcium, magnesium, zinc, copper, manganese, and Proprietary Blend (boron glycinate, L-lysine, soy lecithin, horsetail aerial parts, and strontium chloride).

Fibro AMJ Day-Time Formula: Vitamin B6, magnesium, and Proprietary Joint Blend (glucosamine hydrochloride, methylsulfonylmethane, bovine cartilage powder, *Boswellia serrata* tree resin extract, bromelain, and devil's claw root extract), and Antioxidant Blend (malic acid, n-acetyl-L-cysteine, L-cysteine, grape

seed extract, and alpha lipoic acid).

Flex4Life (capsules): Joint Support Blend [avocado (*Persea americana*) fruit/soy, (*Glycine max*) seed extracts, and hyaluronic acid] and Mobility Support Blend [*Terminalia chebula* fruit extract, bromelain and trypsin enzymes, turmeric (*Curcuma longa*) root extracts, *Boswellia serrata* gum extract, and black pepper (*Piper nigrum*) fruit extract].

Flex4Life (cream): Water, *Olea europaea* (olive) fruit oil, glycerin, polyglyceryl-6 distearate, dimethyl sulfone, glucosamine sulfate, avocado/soy unsaponifiables, cetyl myristoleate, soy lecithin, menthol, cetearyl alcohol, behenyl alcohol, tocopheryl acetate, benzyl alcohol, phenoxyethanol, butylene glycol, hydrolyzed collagen, carbomer, xanthan gum, *Salix alba* (willow) bark extract, phytic acid, *Harpagophytum procumbens* (devil's claw) root extract, *Helianthus annuus* (sunflower) seed oil, *Rosmarinus officinalis* (rosemary) leaf extract, cetyl alcohol, sodium hydroxide, *Capsicum annuum* (chili pepper) oleoresin extract, and sodium hyaluronate.

Gurmar: Gymnema leaf and gymnema leaf extract.

Inner Sun: Thiamin, riboflavin, niacin, Vitamin B6, folic acid, Vitamin B12, biotin, pantothenic acid, and Proprietary Blend (St. John's wort aerial parts, chamomile aerial parts, hawthorn berry, choline, hops flower, rosemary leaf, inositol, and para-aminobenzoic acid).

Life C: Vitamin C (as calcium ascorbate, ascorbic acid, dehydroascorbic acid, erythorbic

acid, magnesium ascorbate, ascorbyl palmitate, and ascorbigen).

Multiplex: Vitamin A, Vitamin C, Vitamin D, Vitamin E, thiamin, riboflavin, niacin, Vitamin B6, folic acid, Vitamin B12, biotin, pantothenic acid, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, and Proprietary Blend (citrus bioflavonoid fruit complex, spirulina, para-aminobenzoic acid, and rose hips fruit).

MusculoSkeletal Formula: Alfalfa aerial parts powder, gotu kola leaf extract, devil's claw root extract, ginger rhizome powder, turmeric rhizome extract, and saw palmetto fruit extract.

PBGS+: Vitamin C, Proprietary Blend (grape seed/skin extract, cranberry fruit fiber, citrus fruit extract, green tea leaf extract, quercetin, rutin, acerola fruit juice, apple fruit, and pine bark extract), and NDS Digestive Enzyme Blend (fungal protease, fungal amylase, fungal lipase, cellulase, and pectinase).

SleepRite AMJ: Vitamin B6, Sleep Blend (valerian root extract, hops flower, 5-HTP, chamomile aerial parts, and melatonin), and Repair Blend (creatine monohydrate, n-acetyl-L-cysteine, grapeseed extract, and alpha lipoic acid).

Stress Formula: Proprietary Blend (peppermint leaf, chamomile flower, passion flower, *Ginkgo biloba* leaf, linden flower, lemon balm leaf, and valerian root), and Stress Proprietary Extract Blend (chamomile flower extract, *Ginkgo biloba* leaf extract, hops flower extract, peppermint leaf extract, passion flower herb extract, and valerian root extract).

RIOVIDA PRODUCTS

4Life Transfer Factor RioVida Tri-Factor

Formula: Vitamin C, 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor), and RioVida Juice Blend (apple, purple grape, blueberry, açai, pomegranate, and elderberry juices from concentrate).

4Life Transfer Factor RioVida Burst

Tri-Factor Formula: 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor) and RioVida Juice Blend (apple, purple grape, blueberry, açai, pomegranate, and elderberry juices from concentrate).

4Life Transfer Factor RioVida Chews

Tri-Factor Formula: Vitamin C, 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor) and RioVida Juice Blend (apple, purple grape, blueberry, açai, pomegranate, and elderberry juices from concentrate).

4Life Transfer Factor RioVida Stix

Tri-Factor Formula: 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor) and RioVida Proprietary Blend (açai, blueberry, elderberry fruit powder, grape seed extract, and pomegranate hull extract).

RITESTART PRODUCTS

NutraStart Chocolate: Soy protein isolate, whey protein, sunflower oil creamer, polydextrose, xylitol, cocoa powder, maltodextrin, fructose, soy fiber, natural cocoa flavors, Vitamin and Mineral Blend (magnesium, Vitamin C, copper, Vitamin E, biotin, niacin, zinc, Vitamin A, iron, calcium, pantothenic acid, Vitamin B6, thiamin, riboflavin, Vitamin B12, folic acid, and potassium), cellulose,

stevia leaf extract, UltraFactor, OvoFactor, salt, silicon dioxide, and dextrose.

NutraStart Vanilla: Soy protein isolate, whey protein, sunflower oil creamer, polydextrose, xylitol, maltodextrin, natural vanilla cream flavor, fructose, soy fiber, Vitamin and Mineral blend (magnesium, Vitamin C, copper, Vitamin E, biotin, niacin, zinc, Vitamin A, iron, calcium pantothenic acid, Vitamin E, Vitamin B6, thiamine, riboflavin, Vitamin B12, folic acid, and potassium), cellulose, stevia leaf extract, UltraFactor, OvoFactor, and salt.

RiteStart: Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K2, thiamin, riboflavin, niacin, Vitamin B6, folate, Vitamin B12, biotin, pantothenic acid, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, molybdenum, boron, vanadium, 4Life Transfer Factor Plus Tri-Factor Formula, BioEFA with CLA, Proprietary OPC Blend (grapeseed extract and pinebark extract), Proprietary Antioxidant Blend (rutin, marigold petals extract, green tea leaf extract, alpha lipoic acid, coenzyme Q10, and bilberry fruit extract), and Proprietary Support Blend (glucosamine hydrochloride, calcium D-glucarate, n-acetyl-L-cysteine, hydrolyzed collagen powder, and *Ginkgo biloba* leaf extract).

RiteStart Men also includes: Men's Health Blend (turmeric root extract, broccoli sprout extract, tomato fruit extract, soya bean seed extract, and diindolylmethane).

RiteStart Women also includes: Women's Health Blend (ipriflavone, turmeric, soya bean seed extract, turmeric, broccoli sprout extract, and diindolylmethane).

RiteStart Kids & Teens: Vitamin C, Vitamin D, Vitamin E, Vitamin K, thiamin, riboflavin, niacin (as niacinamide), Vitamin B6, folate, Vitamin B12, biotin, pantothenic acid, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, and 4Life Tri-Factor Formula (UltraFactor, OvoFactor, and NanoFactor).

enummi SPA PRODUCTS

Body Butter: Water, *Carthamus tinctorius* (safflower) seed oil, *Prunus amygdalus dulcis* (sweet almond) oil, diheptyl succinate, *Butyrospermum parkii* (shea) butter, glyceryl stearate, glycerin, cetearyl alcohol, stearic acid, sorbitol, cetearyl olivate, *Persea gratissima* (avocado) fruit extract, *Macadamia ternifolia* seed oil, *Argania spinosa* kernel oil, *Camellia sinensis* leaf extract, *Cucumis sativus* (cucumber) fruit extract, *Mangifera indica* (mango) fruit extract, *Aloe barbadensis* leaf juice, *Theobroma cacao* (cocoa) seed butter, tocopheryl acetate, xanthan gum, sorbitan olivate, capryloyl glycerin/sebacic acid copolymer, potassium sorbate, sodium phytate, citric acid, *Lonicera caprifolium* (honeysuckle) flower extract, *Lonicera japonica* (honeysuckle) flower extract, and fragrance.

Body Scrub: Water, sodium C14-16 olefin sulfonate, *Prunus armeniaca* (apricot) seed powder, cocamidopropyl betaine, glycerin, acrylates/C10-30 alkyl acrylate crosspolymer, *Prunus armeniaca* (apricot) kernel oil, *Carica papaya* (papaya) fruit extract, *Cocos nucifera* (coconut) oil, *Aloe barbadensis* leaf juice, *Helianthus annuus* (sunflower) seed oil, sodium benzoate, potassium sorbate, tetrasodium EDTA, aminomethyl propanol, methylisothiazolinone, methylchloroisothiazolinone, and fragrance.

Cooling Massage Gel: Water, dimethicone, *Cinnamomum camphora* (camphor) bark oil, menthol, PEG-40 hydrogenated castor oil, decyl glucoside, polyacrylamide, *Eucalyptus globulus* leaf oil, *Metha x piperita* (peppermint) oil, *Citrus grandis* (grapefruit) seed extract, glycerin, carbomer, aminomethyl propanol, C13-14 isoparaffin, laureth-7, tetrasodium EDTA, and phenoxyethanol.

Foot Treatment Crème: Water, glycerin, stearic acid, propanediol, cetyl alcohol, ethylhexyl palmitate, *Rosmarinus officinalis* (rosemary) leaf oil, *Mentha x piperita* (peppermint) oil, *Melaleuca alternifolia* (tea tree) leaf oil, beeswax, menthol, menthyl lactate, jojoba esters, dimethicone, octyldodecyl stearate, *Lonicera japonica* (honeysuckle) flower extract, *Eucalyptus globulus* leaf oil, *Lonicera caprifolium* (honeysuckle) flower extract, and stearyl alcohol.

Mud Mask: Water, kaolin, glycerin, caprylic/capric triglyceride, cetyl alcohol, squalane, *Laminaria digitata* extract, *Spirulina maxima* extract, *Aloe barbadensis* leaf juice, tocopherol, potassium sorbate, magnesium aluminum silicate, glyceryl stearate, carageenan, sodium phytate, xanthan gum, ceteareth-20, ethylhexylglycerin, PEG-100 stearate, cetearyl alcohol, fragrance, PEG-45 palm kernel glycerides, and phenoxyethanol.

Note: For ingredient listings for 4Life Fortify and enummi Personal Care, please visit 4life.com.

4LIFELEMENTS

Zinc Factor: Zinc (6 ppm), Silver (12 ppm).

Your journey to a
more well-rounded
life begins today.







Just how good can “wellness” feel?

4Life has dedicated over two decades to providing products that support optimal immune system function. Why? Because we want people everywhere to discover just how good it feels when their immune system is performing at its peak. At 4Life, we're not interested in status quo; we're interested in a wellness revolution.*

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

For more information about 4Life products and the business opportunity, contact:

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